We Can...

Support/Care for Older People

We Can...

Knock out a Wall

PEOPLE POWERED CHANGE
www.nurturedevelopment.ie
www.inclusion.com

We Can...

Weave

We Can...

Cook for a
Small Group

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We Can...

Care for
Small Children

Use a Digital Camera or a Video Camera

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We Can...

Plant and Grow Flowers

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We Can...

Plant/Tend a Community Garden

Draw and Paint

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Help a Friend Move

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We Can...

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We Can...

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Support/Care for a Person Who is not Well

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Make a Budget

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Knit or
Do Needlepoint

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Use an
Electric Drill

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www.inclusion.com

Chair a Committee or Group

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Draft a Constitution
or Bylaws for a Group

Sand and Finish Floors

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We Can...

Basic Electrical Repairs:
ie: Change a Plug

We Can...

Play an Instrument

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We Can...

Make a Dish
for a PotLuck

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We Can...

We Can...

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We Can...

Put People at Ease

We Can...

Set/Clear Tables
for a Large Event

We Can...

Bake

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We Can...

Share Photos Online

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www.inclusion.com

We Can...

Connect People

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We Can...

Pickle Things

We Can...

Make People Laugh

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We Can...

Paint and/or Decorate

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We Can...

Coach a Sport

We Can...

Chat over Coffee

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We Can...

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We Can...

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Give Fashion Advice

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Organize
a Street Party

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www.inclusion.com

Manage a Business

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www.inclusion.com

Participate in Fundraising

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Make Presentation Slides - ie Powerpoint

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www.inclusion.com

Solder and/or Weld

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We Can...

Go Fishing

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Plant and Grow Vegetables

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We Can...

Fix a Bike

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We Can...

Welcome People at Events

We Can...

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We Can...

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We Can...

Type and/or File Papers

Do Basic Plumbing Repairs: ie: Fix a Leaky Tap

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We Can...

Help a Neighbour

We Can...

Prune Trees and Shrubs

Wash/Clean Carpets, Rugs & Floors

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We Can...

Teach Someone Computer Skills

Write a
Funding Proposal

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We Can...

Drive a Car

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Interview People

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We Can...

Assist in a Classroom

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We Can...

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We Can...

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We Can...

Write a Business Letter

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We Can...

Tend a Bar

We Can...

Make Jam

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We Can...

Manage or Work in a Shop

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www.inclusion.com

Build a Deck/Patio

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We Can...

Lay Brick or Tile

We Can...

Use Social Networking
ie: Facebook, Twitter, etc

Host a Dinner Party

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We Can...

Edit Photos,
Video or Film

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We Can...

Care for Pets

We Can...

We Can...

We Can...

Plan an Event

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Run a Bingo Game

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Prepare Food
for a Large Event

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www.inclusion.com

Do Basic Carpentry

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We Can...

Organize a Meeting

We Can...

Make Jewelry

We Can...

Decorate
for a Party/Event

We Can...

Sing

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We Can...

Design a Poster
or Leaflet

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We Can...

Wash Windows

We Can...

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We Can...

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We Can...

Exercise with Another Person or a Group

We Can...

Go Camping

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We Can...

Play

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We Can...

Do General Household Cleaning

We Can...

Volunteer

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We Can...

Participate in
Political Campaigning

We Can...

Plaster, Paint
or Wall Paper

Mow Lawns

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We Can...

Run a Stall or Booth at a Fair, Event or Market

We Can...

Teach Someone
a Skill

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We Can...

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We Can...

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Visit a (new) Neighbour

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We Can...

Write Reports

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Keep Records
Fill out Forms

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www.inclusion.com

Draw a Map

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We Can...

Do Activities
with Teenagers

We Can...

Take Messages and/or Receive Phone Orders

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We Can...

Order Stock for a Shop or Business

Speak in Public

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Do Basic Sewing

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We Can...

Use Basic Carpentry Tools: i.e. Hammer, Saw, Screw Driver

We Can...

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We Can...

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We Can...

Do Hair Dressing

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We Can...

Start a Business

PEOPLE POWERED CHANGE
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We Can...

Run a Chainsaw

Arrange Flowers

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We Can...

Participate in Boy Scouts/Girl Guides, etc.

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We Can...

Go Canoeing/Rafting

We Can...

Participate in a School/Parent Association

We Can...

Drive a Van

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We Can...

Plan Work for Others

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We Can...

Do General Basic Household Repairs

We Can…

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We Can...

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