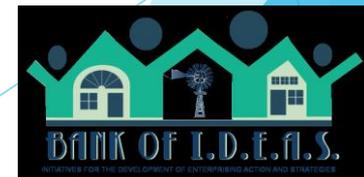
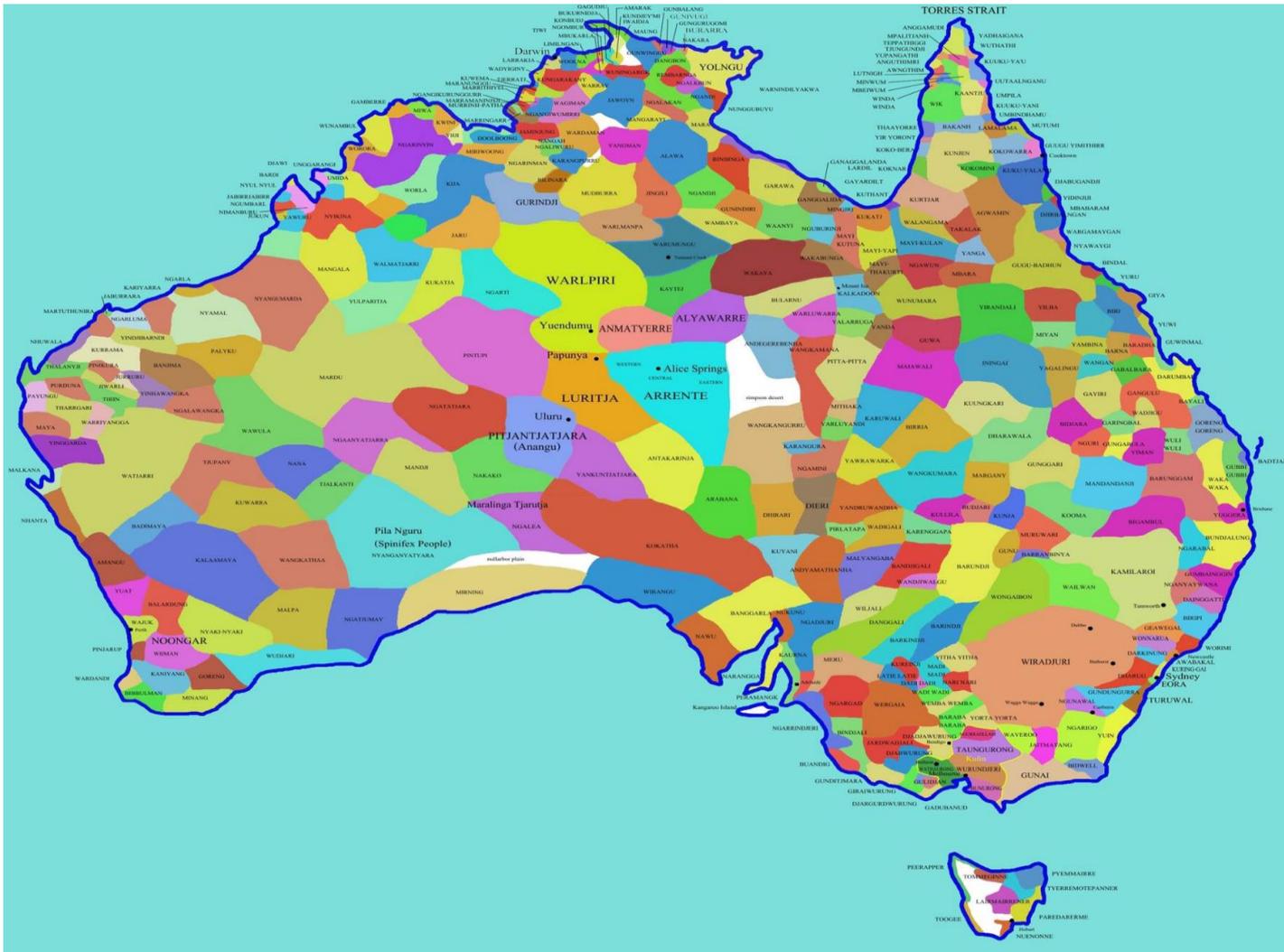


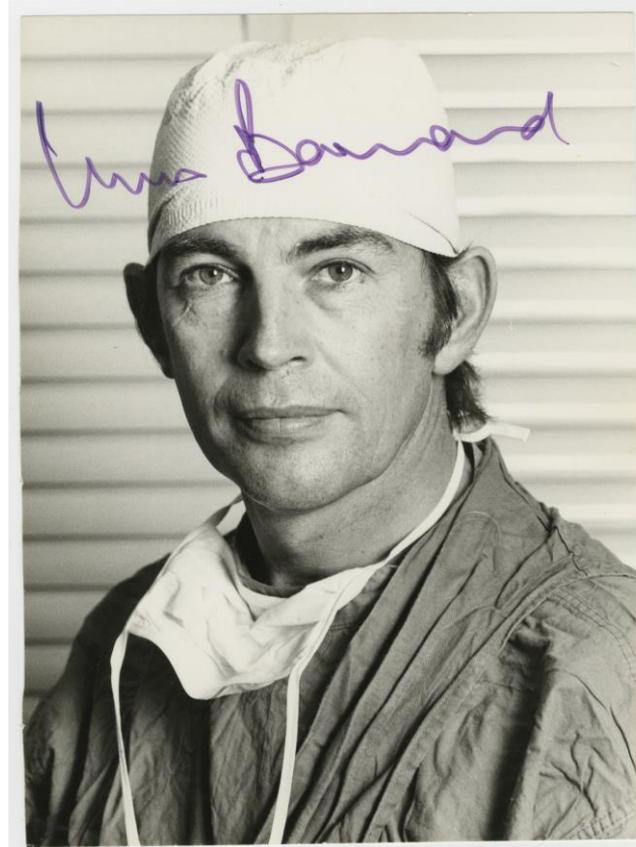
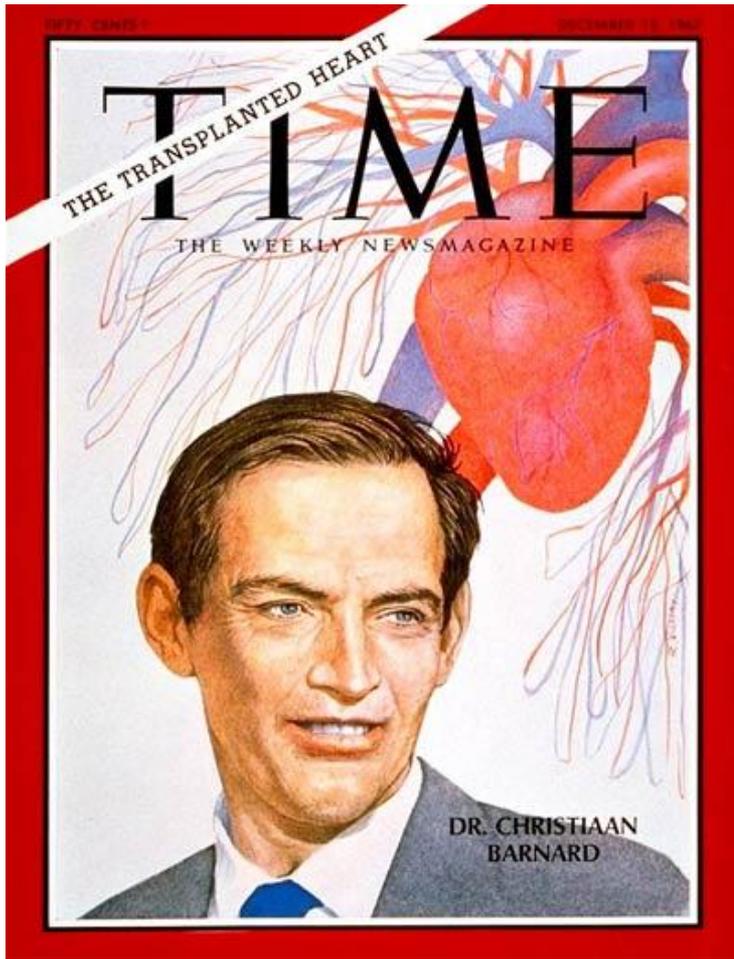
# 'Creating a Deeper Sense of Community Building Through Asset-Based Community Driven Efforts' (ABCDE)



# Acknowledgment of Country

I acknowledge the traditional owners of this land, and their continuing connection to land, water and community. In the spirit of reconciliation I pay my respect to their Elders past, present and future for they hold the knowledge of an ancient culture, and aspirations for future generations.





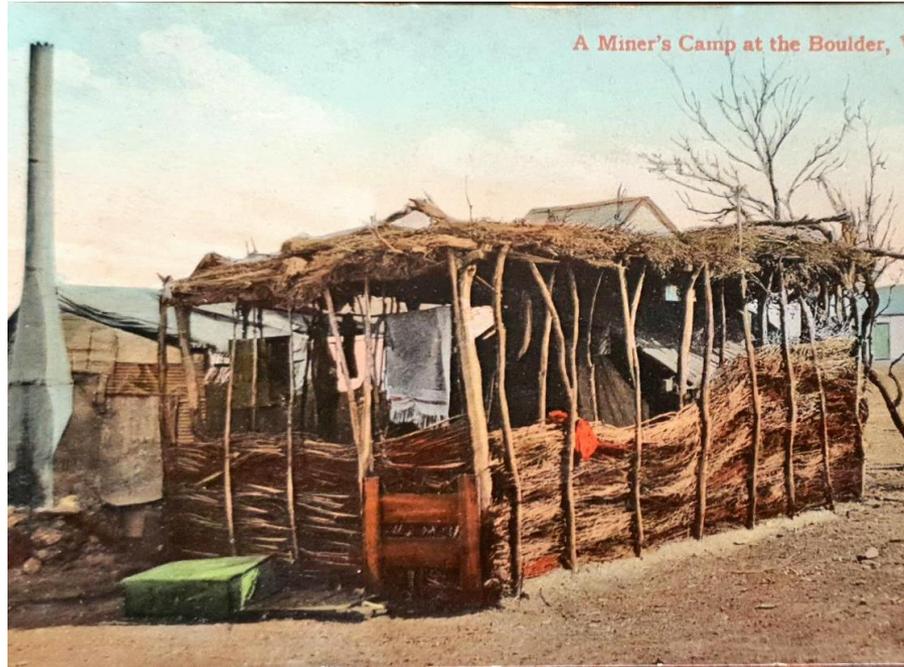


He was a South African cardiac surgeon who performed the world's first successful human-to-human heart transplant.









*“Leadership and learning  
are indispensable from  
each other”*

U.S. President John F Kennedy

-Prepared for delivery in Dallas, the day  
of his assassination, 22 November 1963-



**“Ideas make the world go  
around.**

**People in communities and  
business today  
live and die by their  
ideas”**

**-Michael Kiely**



**“Whoever invented  
the first wheel was  
smart.**

**Whoever invented  
the other three  
was the genius”**

**-sid Caesar**



'Our mission is  
building communities  
where everyone  
belongs, matters  
and contributes'



# Suggestions for Effective Workshop Participation

## "DO'S"

- Do intervene at any stage
- Do ask a question when you have one.
- Do feel free to share an illustrations, examples and above all stories.
- Do request an example if a point is not clear.
- Do question - don't accept everything you hear!..

**“Story telling is the  
most powerful way to  
put ideas into the  
world today”**

**-Robert Mckee**



# Suggestions for Effective Workshop Participation

## "DON'TS"

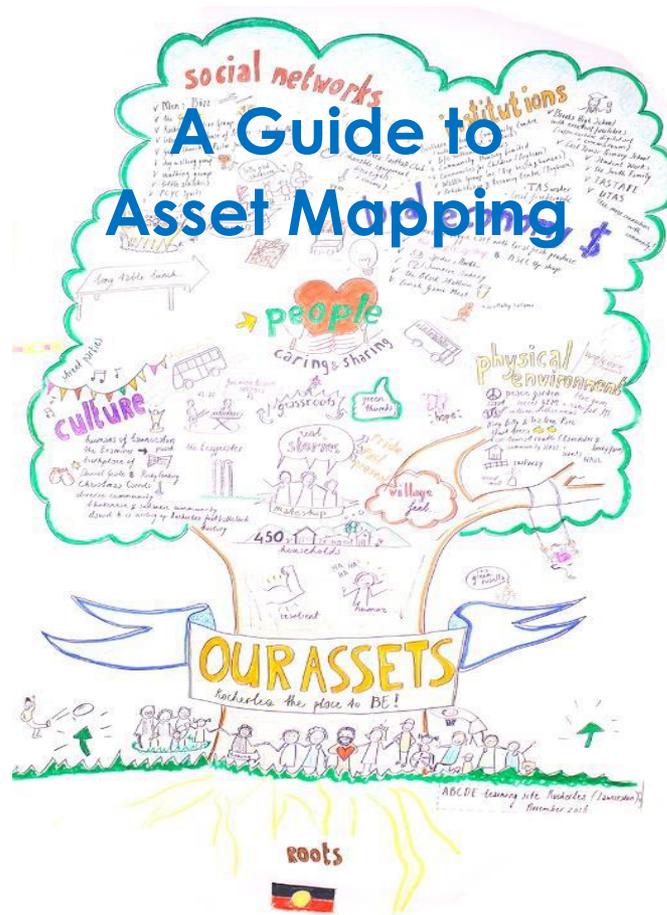
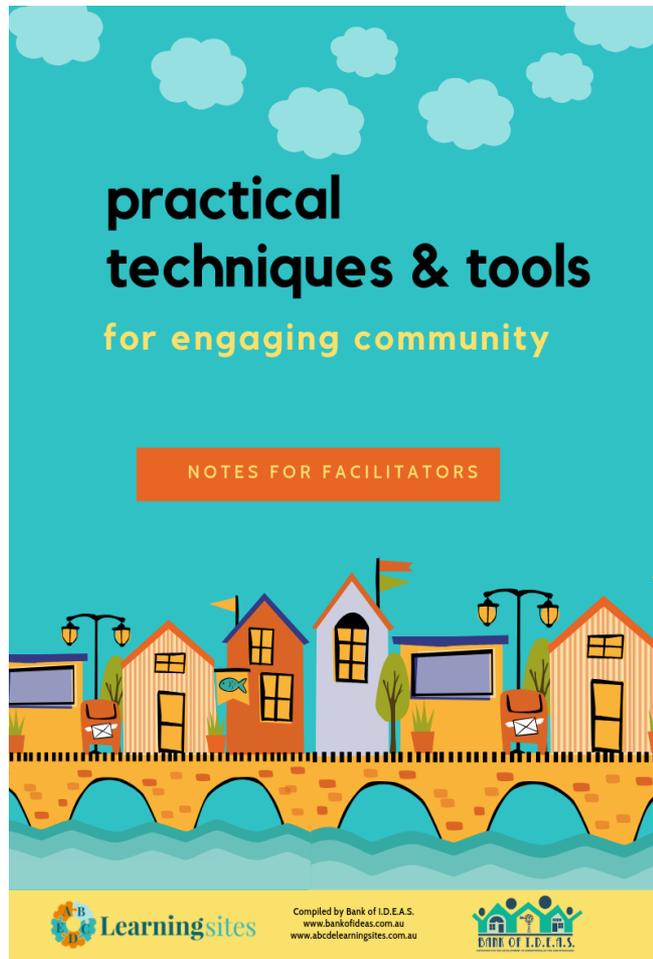
- ❑ Don't take lots of notes - handouts, recommended resources and access to PowerPoint should satisfy most of your needs.

**BOI WEBSITE-**  
**[www.bankofideas.com.au](http://www.bankofideas.com.au)**

## **COPYLEFT POLICY**

**BOI resources, either in full or part, can be copied, quoted, reprinted, given away and circulated. Parts may be torn out, extracted, summarised and further enhanced. In short, all the contents are public property. Please use in any way to build the passion, skills and knowledge of citizens to contribute to healthier local communities and economies.**

# Two Useful B.O.I. Resources



[www.bankofideas.com.au](http://www.bankofideas.com.au)

# Key ABCDE Facilitation Roles



# Mudginbadi, Kakadu

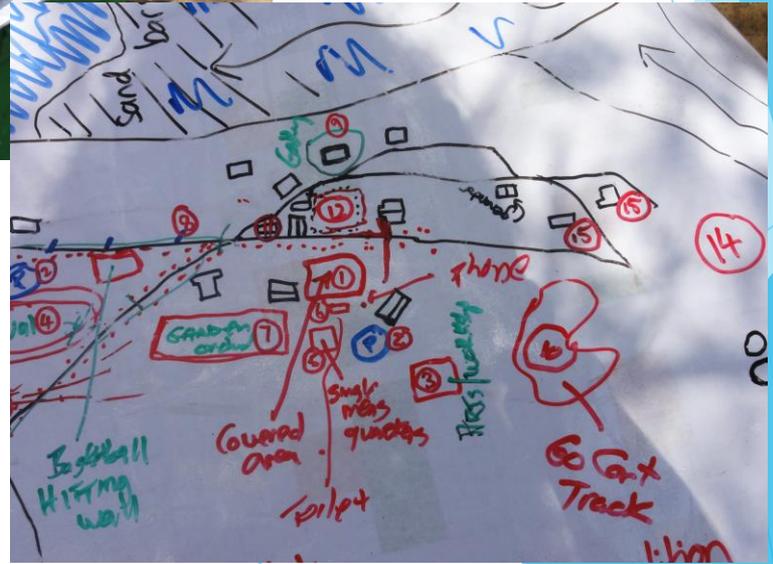


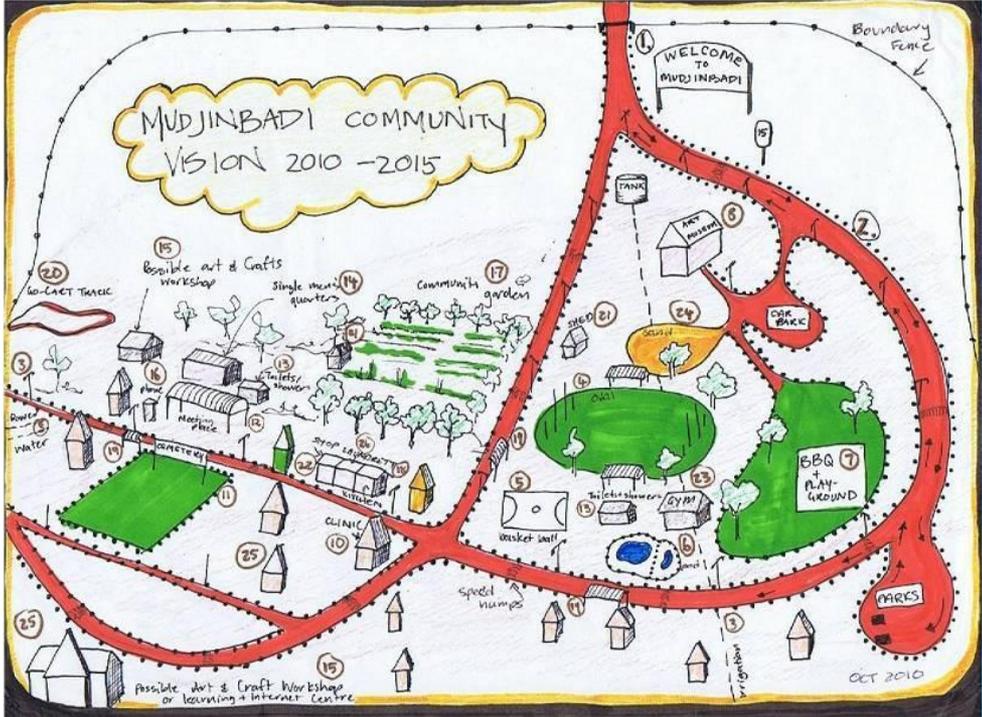












# Mudjinbadi Community Vision 2010 - 2015





# Key Learnings:

- ❖ Start with what is strong, not wrong.
- ❖ Never do anything for anyone that they can do for themselves.
- ❖ Everyone cares about something and its their motivation to act.
- ❖ Less services, more community.

# Key Learnings:

- ❖ Many community assets remain hidden - our task is to make the invisible, visible..
- ❖ More conversations, less meetings!
- ❖ Communities are untapped reservoirs of possibility.

Let's greet two  
other  
participants we  
have never  
met!



What does a healthy, inclusive and caring community look, feel and act like- what are the behaviours, attitudes and actions of such places?



# Seven Pillars Of A Healthy Community

- Practices ongoing dialogue
  - Generates leadership
    - Shapes its future
    - Embraces diversity
      - Knows itself
- Connects people and resources
- Creates a sense of community

(Healthy Cities and Communities Coalition, USA)

# STRONG COMMUNITIES

- have strong leaders
- have strong networks with other communities
- can build on their existing assets and resources
- have a 'can-do' community spirit and are optimistic about the future
- can have a sense of 'belonging' to the community among it's members
- grasp the opportunities that come their
- embrace change and take responsibility

**(Stronger Families, Stronger Communities  
at Department of Family and Community Services)**

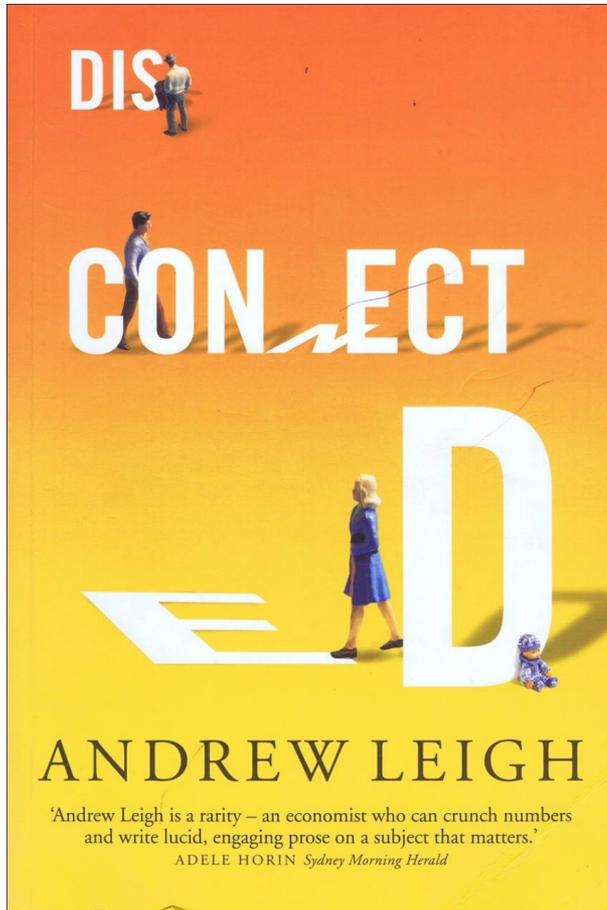
# SUCCESSFUL COMMUNITIES

- ❑ Build on the strengths of local individuals, associations and institutions;
- ❑ Focus on specific actions and measurable results to improve community life;
- ❑ Promote participation by people of all races, genders, cultures and age groups;
- ❑ Ensure local decision making and ownership;
- ❑ Draw upon the resources of the whole community;
- ❑ Bridge all sectors to develop healthy children, families and communities; and
- ❑ Share experience and knowledge to promote continuous community learning.

(ACCORDING TO PRIME MINISTERS YOUTH PATHWAYS ACTION PLAN TASKFORCE 2001)



# OUR REALITY TODAY



- ❑ We are meeting less in organisations
- ❑ We play less organised sport
- ❑ We hang out less at the bar
- ❑ We know and trust our neighbours less
- ❑ We meet with friends less, and have less trusted friends
- ❑ We socialise with the family less

1 in 4 of us  
Australians (5.6m  
people), are lonely  
almost all of the  
time or on a regular  
basis.

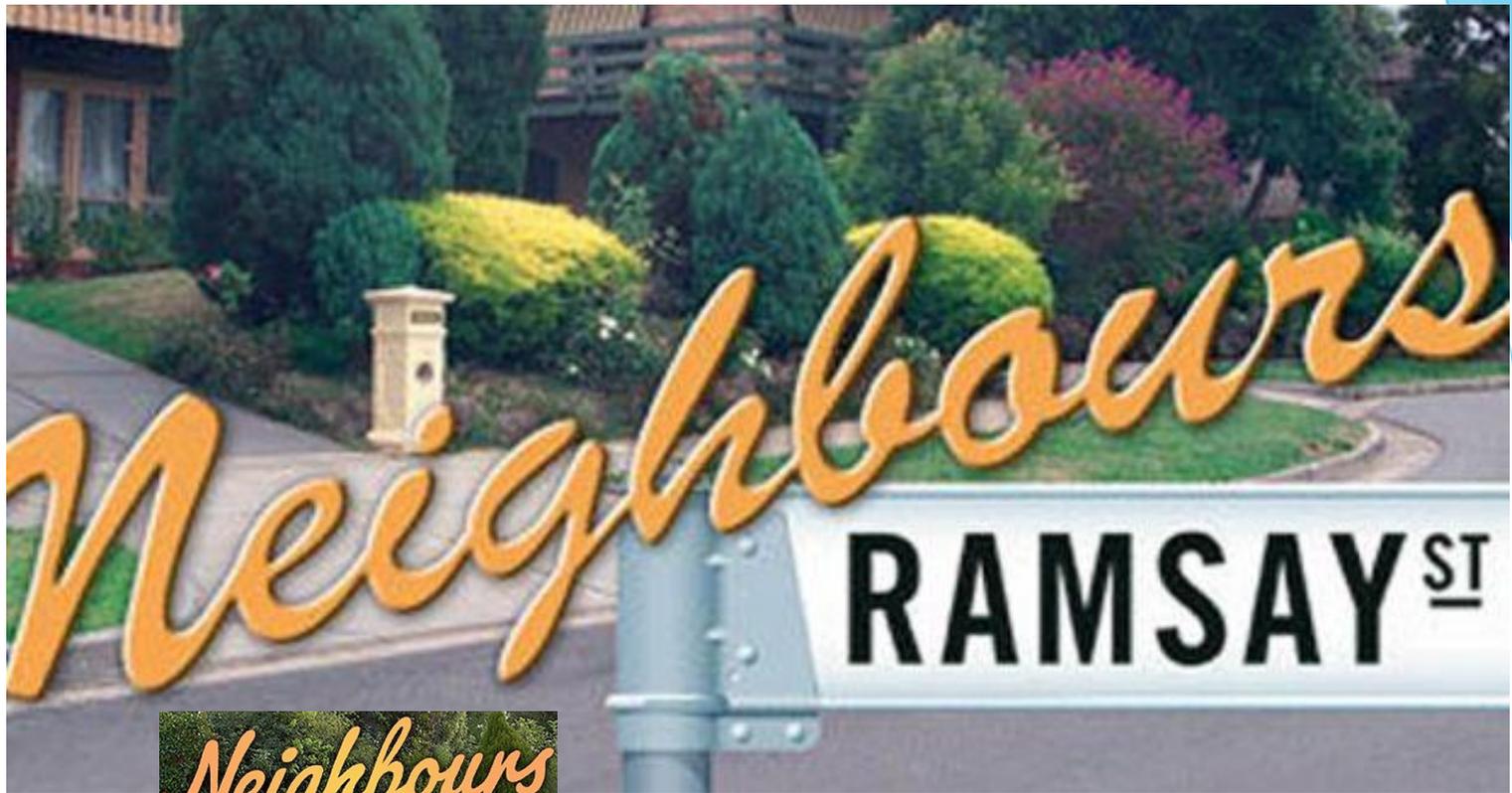
-Australian Red Cross



Only one in three people know their neighbour's name, with a corresponding figure for how many people trust their neighbours.

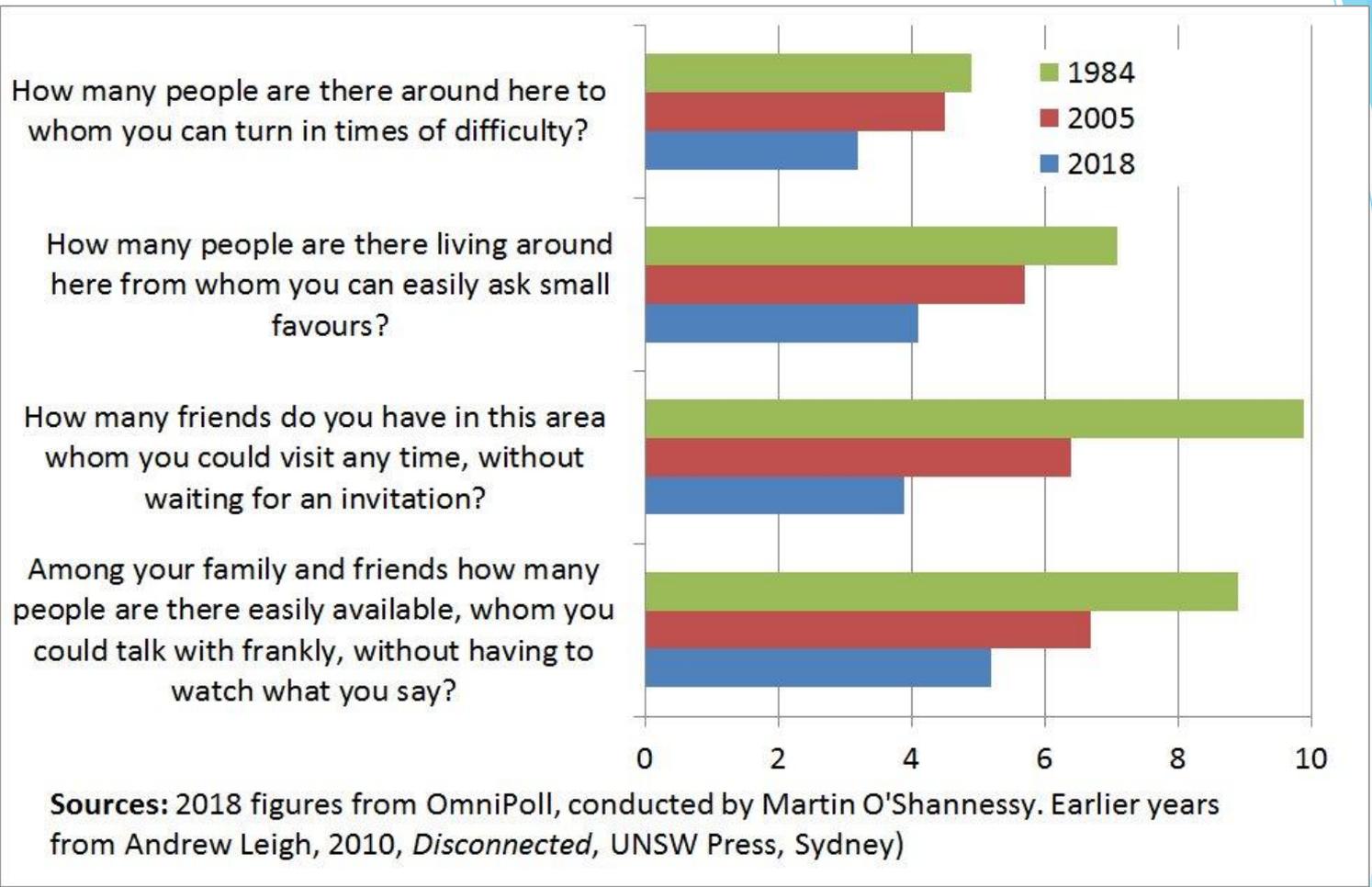
-WA Citizen's Advice Bureau





Compared with the mid-1980s, Australians today have four fewer really close friends: people they could talk with frankly, without having to watch their words...18% of people say they have no one to turn to in times of difficulty.

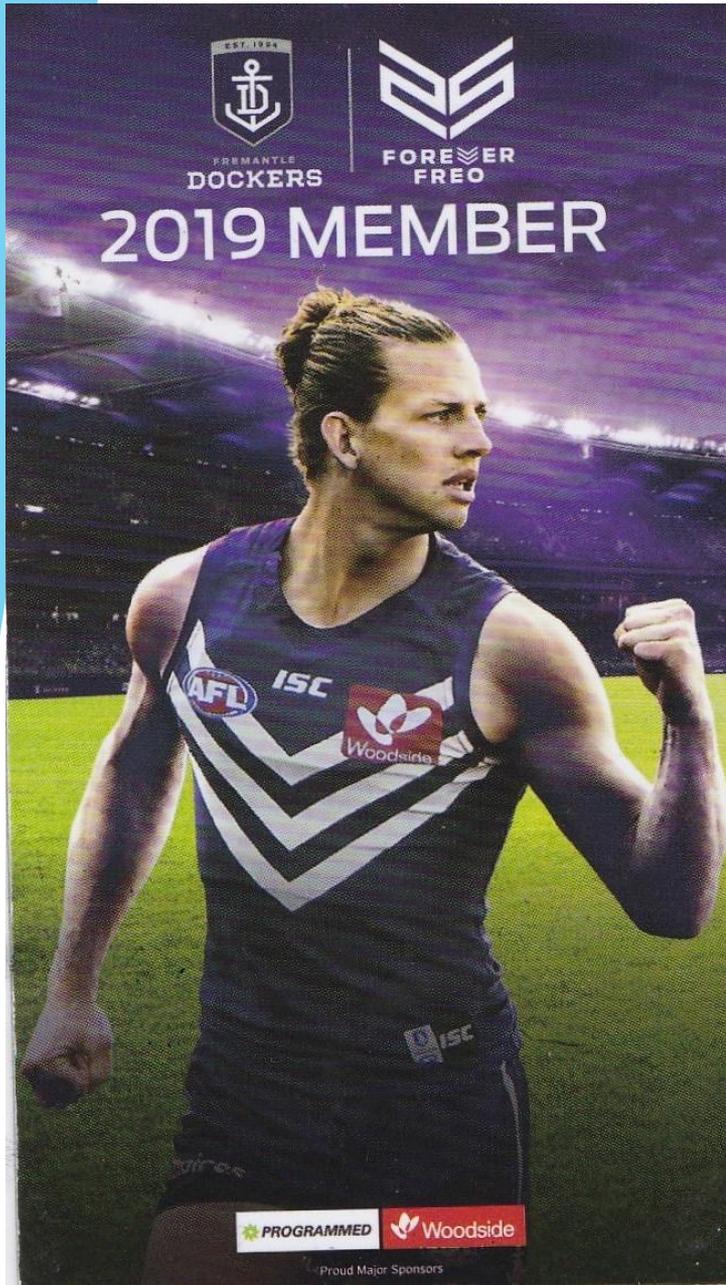
2018 OmniPoll





Ken Wyatt - Minister for Indigenous  
Australians

**“Loneliness is our  
critical issue”**



“Most communities can be compared to a football game where 30,000 people who need the exercise, turn up to watch 36 players who don’t”



-Peter Kenyon

**WHY?**

- ❑ Changes in family structures (more people living alone; less children)
- ❑ Time pressure due to the increase in two career families, greater commuting distances to work...
- ❑ Neighbourhood and housing designs

# ❑ Electronic entertainment (television, internet)

# ❑ Professionalisation



# □ Pre-occupation with individualism and consumerism

“There is no such as society. There are only individuals and families”

Maggie Thatcher,  
former UK Prime Minister



- ❑ Residential mobility
- ❑ Disillusionment with traditional organisational structures eg. committees, club expectations
- ❑ Over regulation
- ❑ Liability, compliance and duty of care issues

# Traditional Community Development

'Top down, outside in'

Focus on weaknesses, deficiencies, needs  
and disabilities

Services and programs are the  
answer to community needs

Consumers/clients/customers/service users

Silo provision

Focus on servicing of community

Dependence on outside professionals



**Jody Kretzmann**

**John McKnight**

**Tell us a story.....**

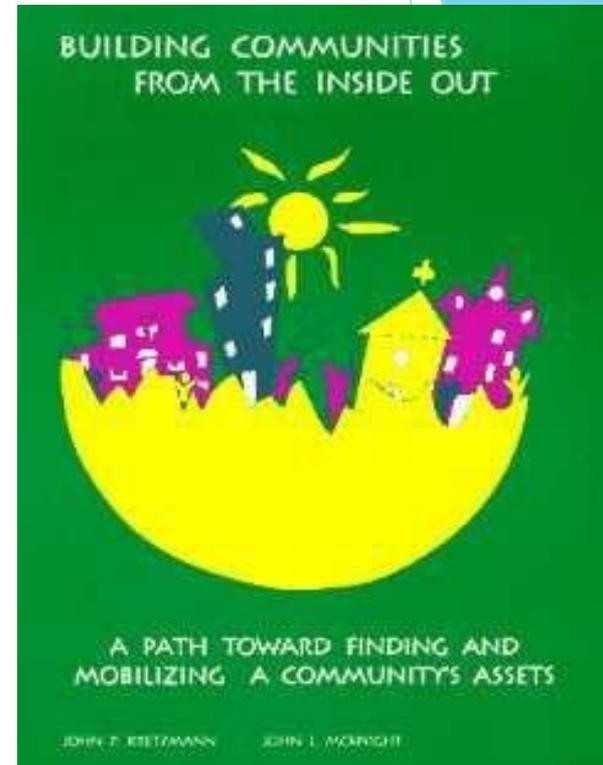
**‘Can you tell us a story about a time when you and your neighbours came together to make things better?’**



Jody Kretzmann

John McKnight

**Asset Based Community  
Development Institute.  
Chicago, USA**



# Traditional Community Development

'Top down, outside in'

Weaknesses  
deficiencies, needs

Disabilities

Consumers/clients/customers  
of services and programs

Silo provision

Servicing of community

Dependence on outside  
professionals

# A.B.C.D.E.

'Inside out'

Strengths  
assets, opportunities

Abilities, capacities

Citizens/co-producers/co-  
owners of local initiatives

Collaboration, relationships,  
networking  
Strengthening of community

Importance of community  
relationships  
Leadership by 'stepping back'

Consumers Customers

Clients Service Users

Producers Citizens

Co-Designers Contributors



KALGOORLIE-BOULDER

**City of Kalgoorlie-Boulder**

**Customer  
Service  
Centre**

**OPEN**

# TWO PATHS - TWO SOLUTIONS

## NEEDS

(what is not there)

Services to meet needs

**Clients/Consumers**

Programs are the answer

## ASSETS

(what is there)

Connections and contributions

**Citizens**

Local people are the answer

**TO**

**FOR**

**WITH**

**OF / BY**

# What Matters? The What and Why of ABCDE

“ABCDE is a set of principles,  
rather than a recipe”

-Mike Green



➤ *Asset-focussed*

➤ *Citizen-driven*

➤ *Gift-obsessive*

➤ *Place-based*

➤ *Relationship-orientated*

➤ *Conversation-initiated*

➤ *Fun-grounded*

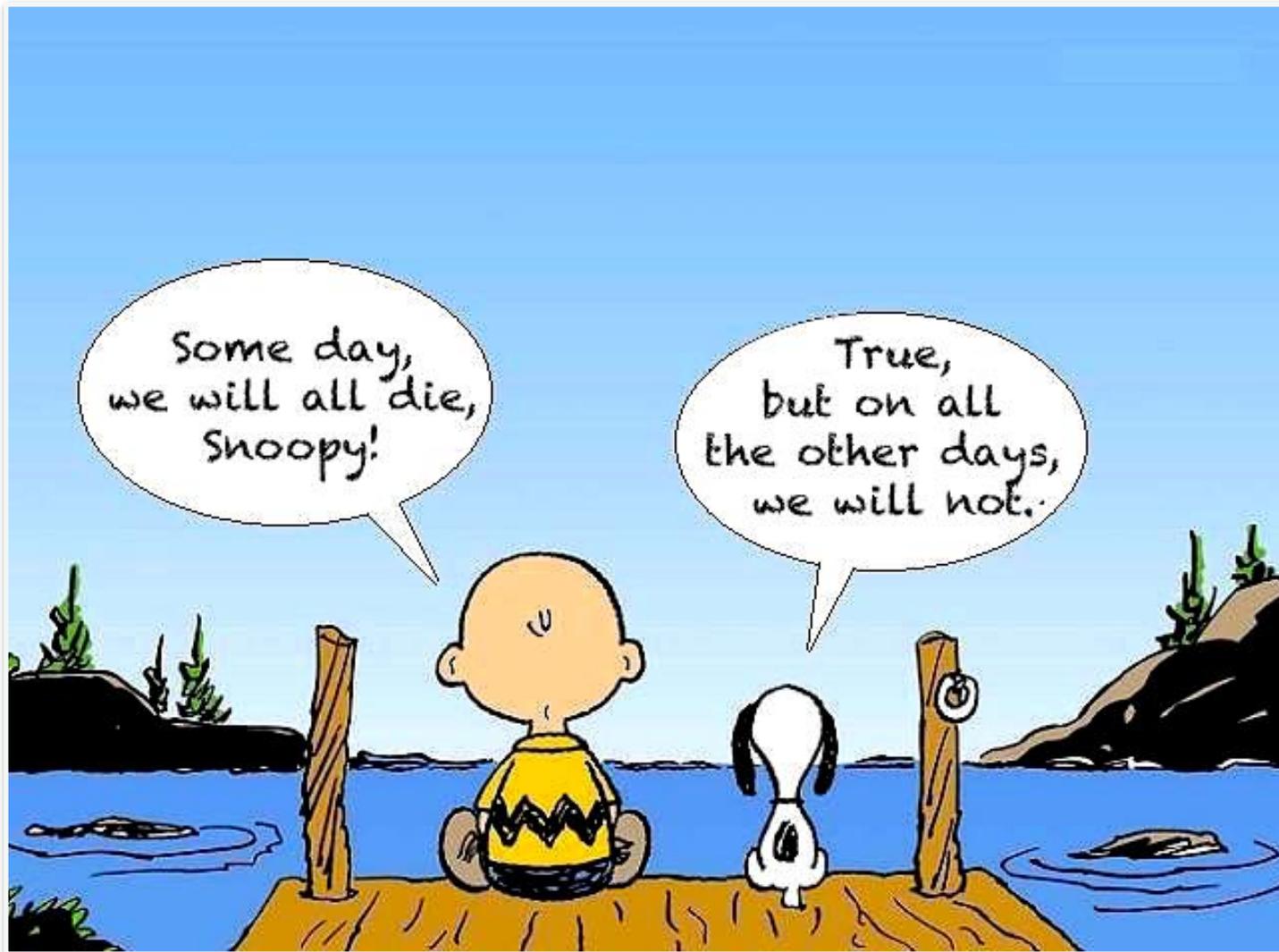
# 1. Asset-Focussed

- **Appreciative  
Mindset Focus**
- **Community Asset  
Richness**

# Appreciative Mindset

**“Life is different when you  
focus on the positive.  
There is more affirmation,  
more possibility and more  
hope.”**

**-Father Gregorio Banaga**





**BRANXTON LIONS CLUB**



**WELCOMES  
CAREFUL DRIVERS**

**We have  
two cemeteries  
no hospital**



**MEETS AT  
GOLF CLUB  
BRANXTON  
107 LIND TUESDAY 7:30pm**

# We Can Ask Questions in Two Ways –

1. What is wrong with our community?  
What problems can we fix?  
What are the needs of our community?  
What is broken?

or

2. What are the strengths and assets of our community?  
Share a time when you felt our community was at its best?  
What do you value most about our community?  
What is the essence of our community that makes it unique and strong?

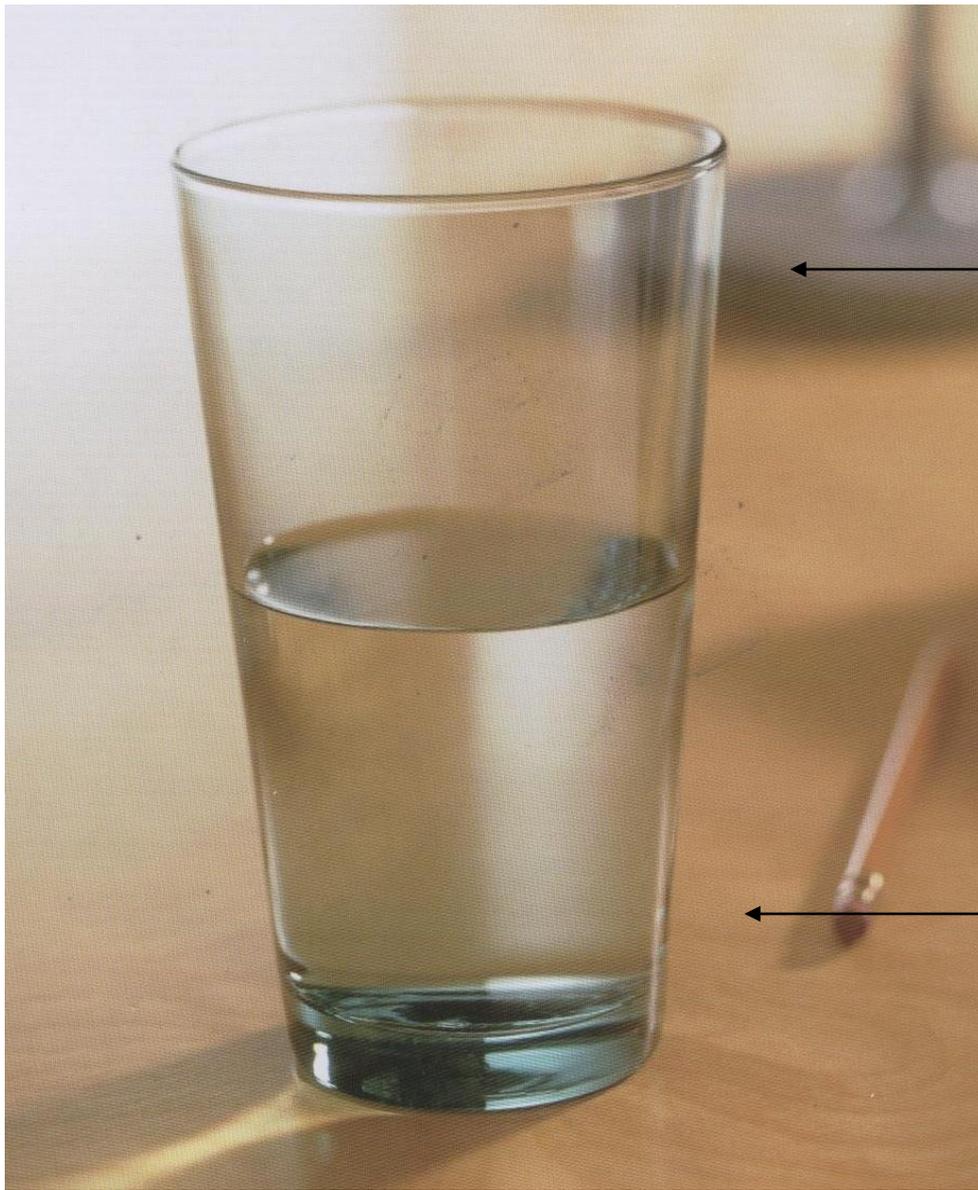
The key question is-  
*"What matters to you?"*

*Rather than -*  
*"What's the matter?"*

**“WHAT WE FOCUS ON  
BECOMES OUR REALITY. IF  
WE FOCUS ON WHAT IS  
WRONG OR WHAT IS  
MISSING, WE TEND TO SEE  
EVERYTHING THROUGH  
THAT FILTER OR FRAME”**

**-Jody Kretzmann**





**Communities  
have  
deficiencies  
and needs**

**Communities  
and it's  
citizens  
have  
capacities  
and assets**

# COMMUNITY NEEDS MAP

Unemployment

Loss of  
Community Spirit

Illiteracy

Dysfunctional  
Families

Welfare  
Dependency

Vacant  
Shops  
Run  
Down  
Shopping  
Centre

Child  
Abuse

Bullying

Crime

Truancy

Mental  
Health

Graffiti

Alcoholism  
Drug Abuse

Youth  
Suicide

Homelessness

Early  
School Leavers

# COMMUNITY ASSETS MAP

## LOCAL INSTITUTIONS & RESOURCES

Local  
Businesses

Schools

Service  
Clubs

## COMMUNITY ASSOCIATIONS

Neigh -  
bourhood  
House

## GIFTS OF INDIVIDUAL

Ovals

Churches  
Mosques  
Temples

Young  
People

Senior  
Citizens

Artists

Local  
Council

All  
Residents

Labelled  
People

Community  
Organisations

Sporting  
Teams

Hospital

Local Facilities

Community  
Stories

Government  
Agencies

# Community Asset Richness

“Every community has far  
more assets than anyone  
person knows”

-Mike Green



# Six Key Community Assets

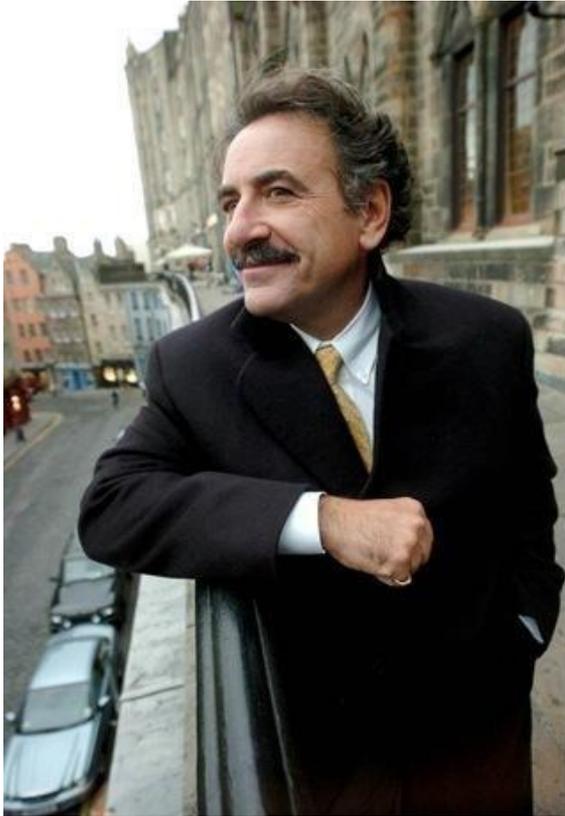
1. People's passions, skills, connections and experiences and above all, what they care about
2. The physical world
3. Community associations
4. Institutional assets
5. Economic/business assets
6. Cultural assets—stories, traditions, heritage

The key asset we  
need to discover is

*"What people care  
about"*

# 2. Citizen Driven





**“The future of every community lies in capturing the passion, imagination, and resources of its people”**

**-Ernesto Sirolli**

“Every community that is getting stronger has at its centre an effort to build up a wider circle of people who choose to take action for the common good”

-Mike Green



# 3. Gift-Obsessive

“Every single person has capacities, abilities, gifts and ideas, and living a good life depends on whether those capacities can be used, abilities expressed, gifts given and ideas shared”

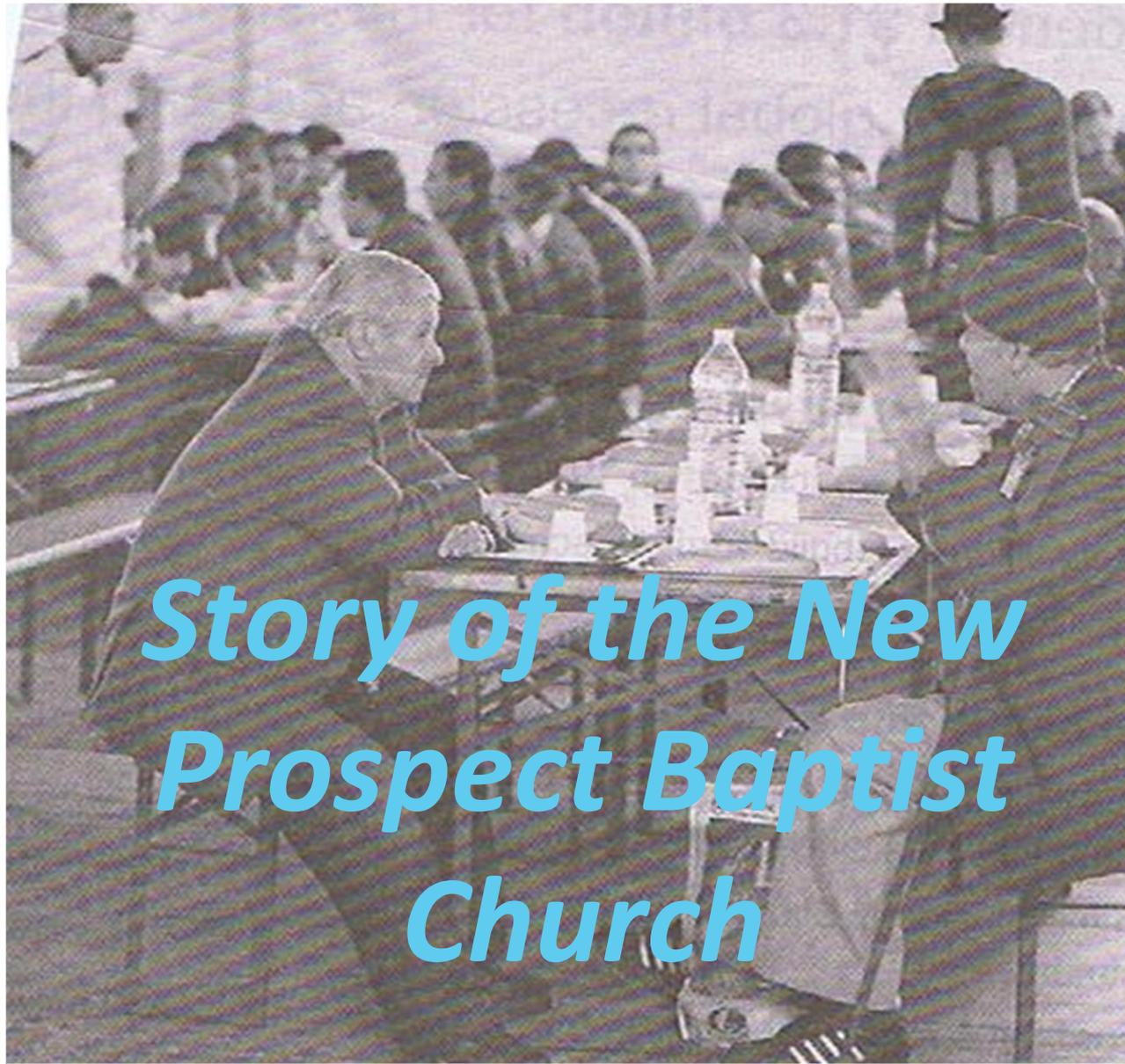
Jody Kretzmann



## World Health Organisation (WHO) Definition of Mental Health-

“a state of wellbeing in which the individual realises his or her own abilities, can cope with the normal stresses of life, can work productively and fruitfully, and *is able to make a contribution to his or her community*”





***Story of the New  
Prospect Baptist  
Church***

# New Prospect Baptist Church Cincinnati, OH Conversation Questions

## Introduction

My name is \_\_\_\_\_.

1. What is your name?
2. Did someone talk to you about what the 'Gift Exchange' is all about?
3. What do you understand it to be?

Basically, we believe that everyone has God-given talents and gifts that can be used to benefit the community. I'd like to spend a few minutes talking to you about your gifts and skills.

## Gifts

Gifts are abilities that we are born with. We may develop them, but no one has to teach them

to us.

1. What positive qualities do people say you have?
2. Who are the people in your life that you give to? How do you give to them?
3. When was the last time you shared with someone else? What was it?
4. What do you give that makes you feel good?

## Skills

Sometimes we have talents that we've acquired in everyday life such as cooking and fixing things.

1. What do you enjoy doing?
2. If you could start a business what would it be?
3. What do you like to do that people would pay you to do?
4. Have you ever made anything? Have you ever fixed anything?

## Dreams

Before you go, I want to take a minute and hear about your dreams - those goals you hope to accomplish.

1. What are your dreams?
2. If you could snap your fingers and be doing anything, what would it be?

*"We were feeding folks, but we were not getting to know them"*

-Damian Lynch 111, New Prospect Baptist Church Pastor













# Key ABCDE Question

**Whose gifts are  
underutilised in the  
community?**

# Labelled People:



- Homeless Unemployed
- Low income person
- Non-English speaking
- Single parent
- Addict
- Offender
- Old person
- At-risk youth
- Person with disability

**"EVERY LIVING PERSON HAS SOME  
GIFT OR CAPACITY OF VALUE TO  
OTHERS. A STRONG COMMUNITY  
IS A PLACE THAT RECOGNISES  
THESE GIFTS AND  
ENSURES THEY ARE GIVEN.  
A WEAK COMMUNITY IS A PLACE  
WHERE  
LOTS OF PEOPLE CAN'T  
OR  
DON'T  
GIVE THEIR GIFTS"**

**-Jody Kretzmann**



'People really want to get involved. They really want to. They're looking for a way to turn their frustration, excitement, anxiety into action. The theme of my work in community for my entire life is that there are assets and gifts in community out there in communities, and that our job as good servants and as good leaders is having the ability to recognize those gifts in others and help them put those gifts into action.

Communities are filled with assets that we need to better recognize and mobilize if we're really going to make a difference'

-Michele Obama  
Former First US Lady



# 4. Place- focused, not Silo-based

“Place really matters. Place is where everything comes together. Community development needs to focus on strengthening how people organise their community life. It should avoid doing anything that further segregates and divides community”

-Cormac Russell



# 5. Relationship-orientated

“Building social connectedness and relationships is the fundamental action in community building”

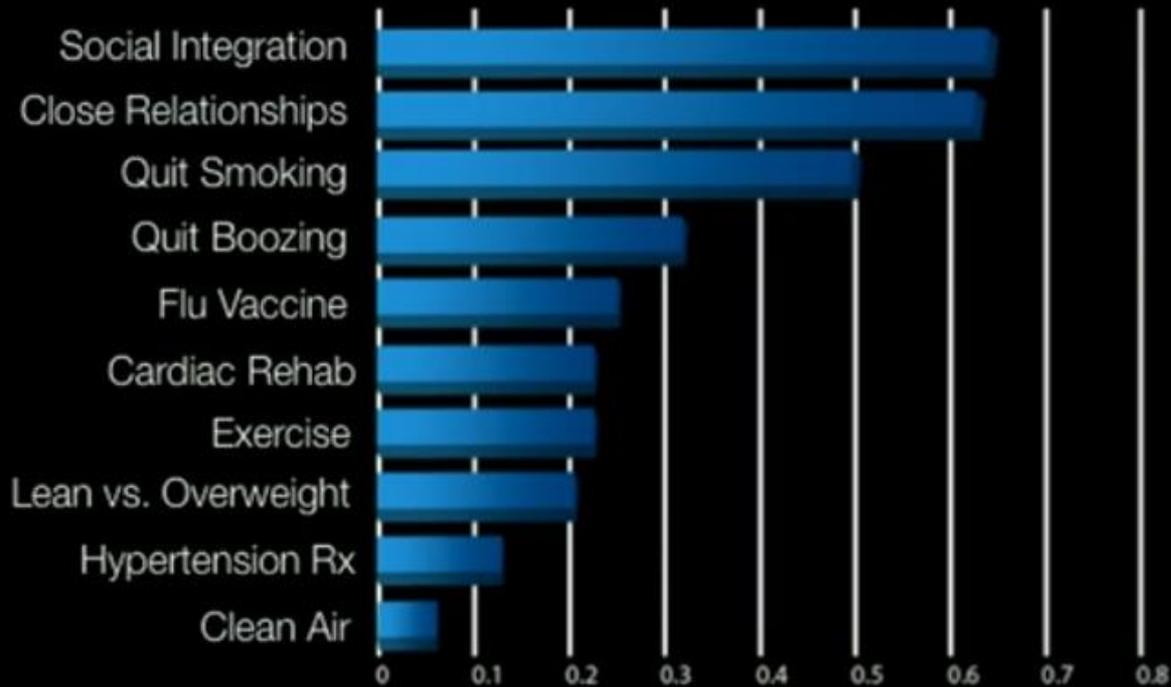
-Mike Green



75-Year "Harvard University Study on Happiness" found the **One Secret** to leading a fulfilling Life.....

**"It's all about good relationships...not leaning into self and money, but each other and community"**

## Staying Alive



**7 year Study by Julianne Holt-Lunstad, Brigham University, USA**

# Being Social and Involved is Good for Personal Health

**“Being involved with community groups and having strong social networks are as good for health as healthy food and exercise”**

-Department of Public Health, University of Flinders



Lianne Dalziel,  
Christchurch's  
Mayor

'We found it was more important for people to have relationships with their neighbours than a stock of emergency supplies'

'The more people know each other's first name, the lower the crime rate in the neighbourhood'

-Robert Putnam



If you know your  
neighbours well, and  
they know you, then  
you reduce by 80%  
your chances of being  
a victim of crime!

"The most radical thing that could happen in community is to get neighbour talking to neighbour"

-Robert Putnam



“If I were asked what to do about the level of insecurity and anxiety in contemporary Australian society, I wouldn’t start with politics and I wouldn’t say too much about terrorism.

I’d suggest, as the first step, that you invite the neighbours over for a drink this weekend.

Today a drink, tomorrow a barbeque, pretty”

Hugh Mackay



# 6. Conversation- initiated

“One of the things we need to learn is that every great change starts from very small conversations held among people who care”

-Margaret Wheatley





# Learning Conversations



# 7. Fun-grounded

"If you are not  
having fun, you'll  
doing it wrong"

Alex Bogusky

# Top Reason Why Volunteers Leave?

**"It stopped being  
fun!"**

- *Asset-focussed*
- *Citizen-driven*
- *Gift- obsessive*
  - *Place-based*
- *Relationship-orientated*
- *Conversation- initiated*
  - *Fun-grounded*

“Our purpose is not  
to help people. Our  
purpose is to build a  
different kind of  
community for us  
all”

Susan Rans







Cormac Russell

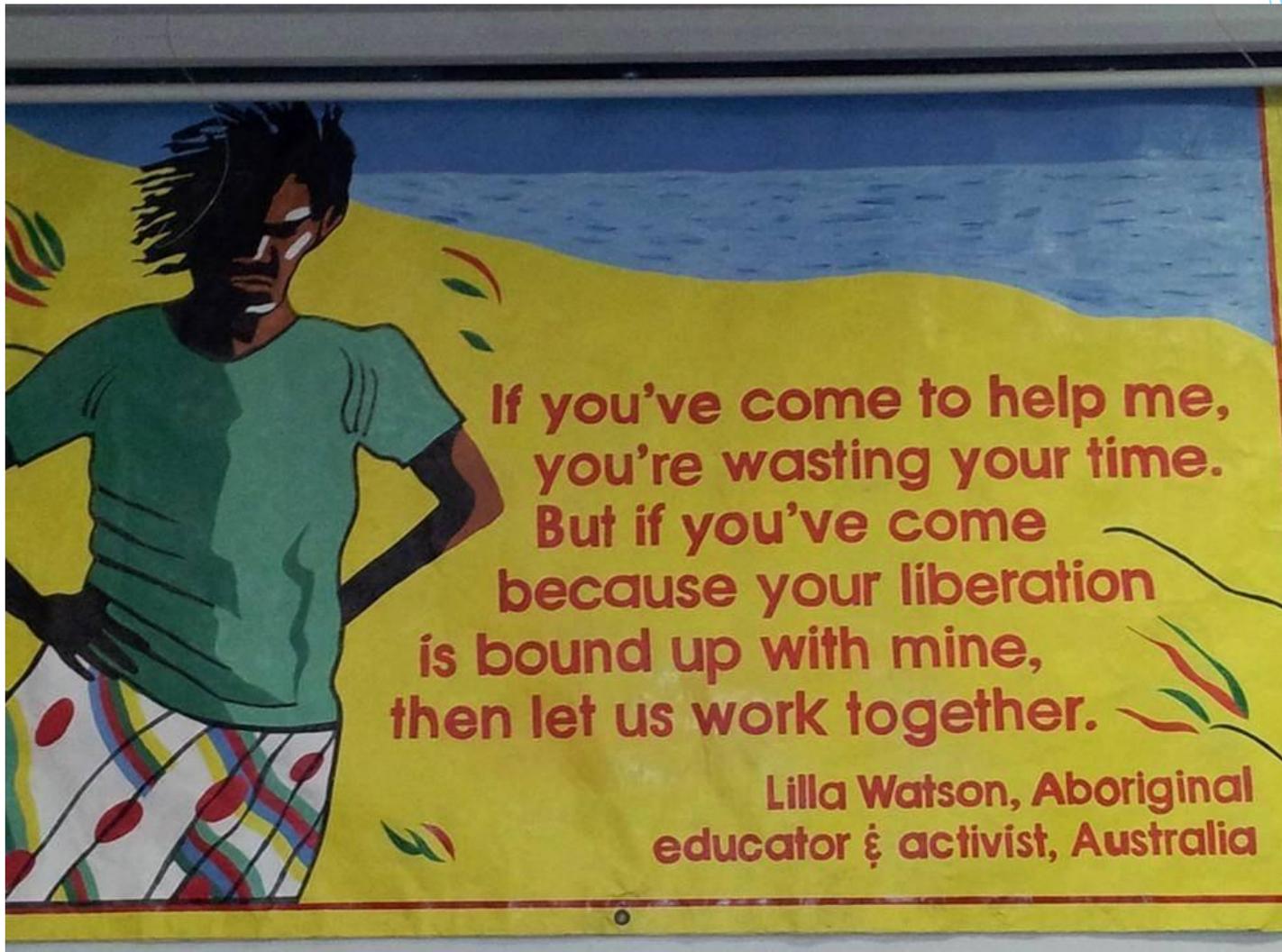




“There is no two-tiered society with one group with all the problems who are rescued by another with other with all the solutions. There is only us!”

-Cormac Russell





**If you've come to help me,  
you're wasting your time.  
But if you've come  
because your liberation  
is bound up with mine,  
then let us work together.**

**Lilla Watson, Aboriginal  
educator & activist, Australia**

# Asset Based Community Development at a glance

## Deficit Based

- Problems
- Blame
- What's missing
- Scarcity
- Risks
- Needs
- Control-outside in
- Top-down
- Do to or for
- Passive receivers

**Can't do!**



## Asset Based

- Possibilities
- Shared ownership
- What's there
- Abundance
- Courageous leadership
- Strengths, capacities, Assets
- Lead by stepping back inside-out
- Citizen-led
- Do with, enabling to do
- Active producer & co-producers

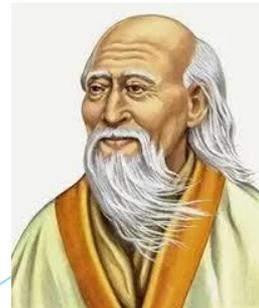
**Can do!**

(According to Cormac Russell, Nurture Development)

'Go to the people  
Live among them  
Learn from them  
Love them

Start with what they know  
Build on what they have  
But of the best leaders when  
their task is done  
The people will remark  
“We have it done it ourselves”

Lao Tzu



'Go to the people with an agenda  
Find out what is wrong with them

Tell them what to do

Enable and fix them

Start with what don't know

Tell them what you think they should  
know

But of the worst leaders, when their  
program is done

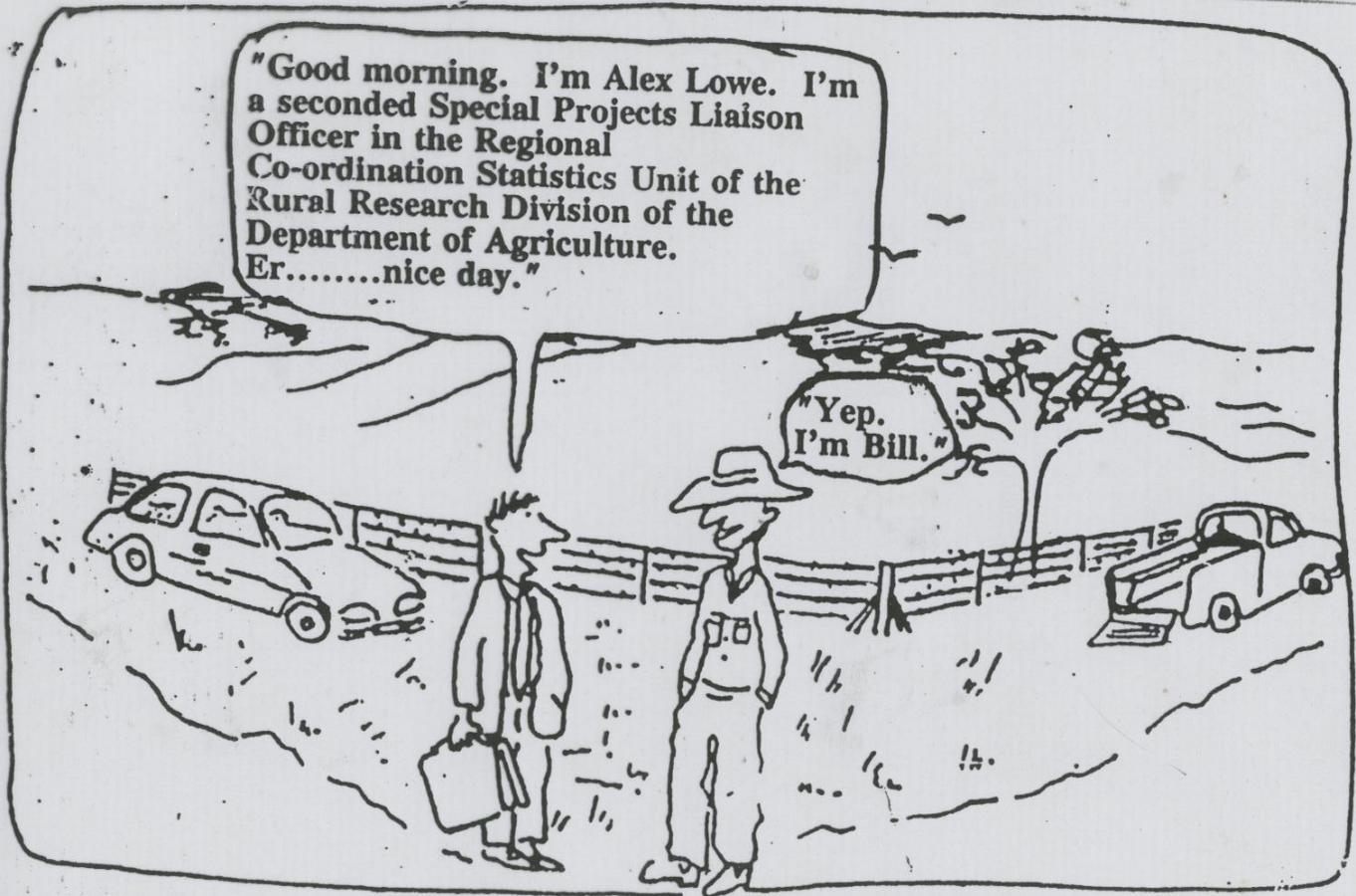
The people will remark  
"What have they done to us"

Joanna Hubbard



"Good morning. I'm Alex Lowe. I'm a seconded Special Projects Liaison Officer in the Regional Co-ordination Statistics Unit of the Rural Research Division of the Department of Agriculture. Er.....nice day."

"Yep. I'm Bill."



It's so much friendlier  
with two.



# Introductions

**Best thing that has  
happened to you  
already today?**

# Introductions

Two things you love  
about where you live  
(your street/  
neighbourhood or Town)?

# Introductions

What is one change you would like to see in your community and what could you contribute to make it happen?

# Introductions

Your life story in  
58 seconds- what  
is important to  
you?

**ONE GIFT** you bring  
to your community-

- gift of the head?
- gift of the hands?
- gift of the heart?
- gift of the feet?

**Introduce your  
partner to the group  
in 57 seconds,  
including one aspect  
of admiration.**

# INTRODUCTIONS

Something you are proud of that others in the group will not know about you?



**What do these 7 words have in common?**

- 1. Banana**
- 2. Dresser**
- 3. Grammar**
- 4. Potato**
- 5. Revive**
- 6. Uneven**
- 7. Assess**

What do these 7 words have in common?

1. Banana
2. Dresser
3. Grammar
4. Potato
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6. Uneven
7. Assess

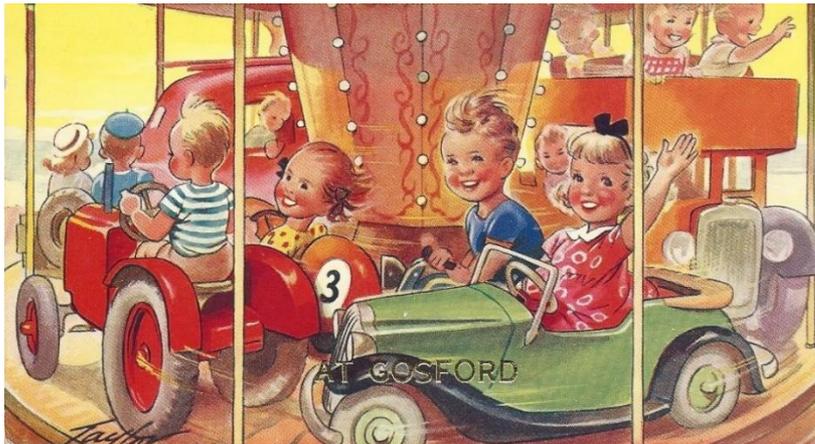
1. anana**B**
2. resser**D**
3. rammar**G**
4. otato**P**
5. evive**R**
6. neven**U**
7. sses**A**

# Problem Scenario

*You are driving a car at a constant speed. On your left is a valley and on your right is a fire engine travelling at the same speed as you. In front of you is a galloping pig which is the same size as your car and you can not overtake it. Behind you is a helicopter flying at ground level. Both the giant pig and the helicopter are also travelling at the same speed as you.*

*What must you do to get out of this highly dangerous situation?*

Never ride a  
children's merry-go-  
round when you are  
drunk! Get off and  
you will be safe.



How many 'f's do you see?

Finished files are the  
result of years of  
scientific study  
combined with the  
experiences of many  
years of experts.

How many 'f's do you see?

Finished files are the  
result of years of  
scientific study  
combined with the  
experiences of many  
years of experts.

**“Strength lies in  
differences, not  
similarities”**

**Stephen  
Covey**



# Facilitation

French word -  
"facile",  
and Latin word  
"facilis" - "easy to  
do, to make easy"

“The facilitator functions  
much like the conductor  
of a symphony,  
orchestrating and  
bringing forth the talents  
and contributions of  
others....”

- Laura Spencer

“A facilitator is a process guide; someone who makes a process easier or more convenient to use. Facilitation is about movement- moving from A to B. The facilitator helps to guide group members towards their chosen destination. Facilitation makes it easier to get to an agreed destination ....”

(Hunter et al)

# The Example of Pam Warhurst

What can we  
learn about  
facilitating from  
Pam Warhurst?



**What can we learn about  
facilitating from Pam Warhurst?**

# Passion and Can Do



# Passion

*“A person without a smiling face must not open a shop”*

-Chinese Proverb

# 'The Power of Small Actions!'

**Most importantly, we are not daunted by sophisticated arguments that say, 'These small actions are meaningless in the face of tomorrow's problems,' because I have seen the power of small actions, and it is awesome.**

— Pam Warhurst



# Have Fun!



# Use Humour!

“If I can get you to laugh with me, you’ll like me better, which makes you more open to my ideas”

-John Cleese









<http://go.funpic.hu>



**BONELESS  
CHICKEN**  
35¢

Mexican food  
so Authentic,  
Donald Trump  
would build a  
wall around it.





# Shani Graham

“Take a  
Street and  
Create a  
Community”

# Key ABCDE Facilitation Roles



Genuinely and  
authentically engage with  
community members

*"Engagement is figuring  
things out together"*

-Vince Varian



The logo features the lowercase letters 'iapo' in a white, bold, sans-serif font. A small red square is positioned above the 'i'. A red question mark is placed to the right of the 'o', with a red horizontal line extending from the bottom of the 'o' to the base of the question mark.

iapo<sup>2</sup>

international association  
for public participation

**AUSTRALASIA**

# IAP2 SPECTRUM OF PUBLIC PARTICIPATION

INCREASING LEVEL OF PUBLIC IMPACT					
	INFORM	CONSULT	INVOLVE	COLLABORATE	EMPOWER
					
GOAL	To provide balanced and objective information in a timely manner.	To obtain feedback on analysis, issues, alternatives and decisions.	To work with the public to make sure that concerns and aspirations are considered and understood.	To partner with the public in each aspect of the decision-making.	To place final decision-making in the hands of the public.
PROMISE	"We will keep you informed"	"We will listen to and acknowledge your concerns."	"We will work with you to ensure your concerns and aspirations are directly reflected in the decisions made."	"We will look to you for advice and innovation and incorporate this in decisions as much as possible."	"We will implement what you decide."

# Public Participation Spectrum



**Inform   Consult   Involve   Collaborate   Empower**

# Asset Mapping and Connecting

*'Asset mapping often involves making "the invisible, visible."*

-Cormac Russell



# Six Key Community Assets

1. People's passions, skills, connections and experiences and above all, what they care about
2. The physical world
3. Community associations
4. Institutional assets
5. Economic/business assets
6. Cultural assets—stories, traditions, heritage

# *Exercise*

## *Create 3 piles*

- *WE CAN*
- *WE KNOW WHO CAN*
- *WE CAN'T - we don't know who can*





# ASSET MAP:

**PEOPLE ASSETS**  
Passions, interests, skills, connections ...

**INSTITUTIONS**  
Government agencies, NGO's, schools, neighbourhood houses ...

**PHYSICAL ENVIRONMENT**  
Green spaces, public spaces, structures, key buildings ...

**LOCAL ECONOMY**  
Formal and informal businesses, markets, buy and swap opportunities ...

**SOCIAL NETWORKS**  
Clubs, local associations, informal groups ...

**CULTURAL ASSETS**  
Stories of pride, heritage, cultural activities, multicultural expressions



# Canadian Survey: Why People Volunteered

**82% of respondents said:**

**"because someone who they  
knew, asked them do  
something they liked doing"**

# Community Skills and Passion Audit

Our organisation seeks to inspire and support local residents to discover the strengths and opportunities of our local community, and engage in community projects that 'make a difference'. This audit sheet seeks to identify community residents who may be able to share their interests and experiences with students.

Any information shared will only be shared with your permission.

Name: \_\_\_\_\_ Today's Date: \_\_\_\_\_

Position: \_\_\_\_\_

Address: \_\_\_\_\_

Contact No: \_\_\_\_\_ Email: \_\_\_\_\_

---

Please list 2 – 4 things in each category – things you are happy for us to know about you.

---

**HEAD** *(things I know something about, and would enjoy talking about, or teaching to others about, e.g. local history, conservation, business management etc)*

**HANDS** *(things I know how to do and enjoy, e.g. project organisation, gardening, painting, rock climbing, cooking, jewellery making, using the internet, sign language etc)*

**HEART** *(things I care deeply about, e.g. environment, intergenerational activities, animal welfare, women's rights, youth unemployment etc)*

**COMMUNITY INVOLVEMENT** *(groups / committees / clubs I am a part of)*

Please return you completed form to our group postal (\_\_\_\_\_) or email (\_\_\_\_\_). This information will be kept on file and stored in the school office. Information can be updated at any time.

(Inspiration for this form came from the LEAD ON Organisation in Bendigo, Victoria)



## **HEAD**

**Things I know  
something about,  
and would enjoy  
sharing**



## **HANDS**

**Things I know how  
to do and enjoy**



## **HEART**

**Things I care  
deeply about**



## **FEET**

**Contacts and  
Networks I have**



# HEAD

Local History

Don –  
dblack@gmail.com



# HANDS

Creating a Facebook  
page

Don –  
dblack@gmail.com



# HEART

Young people's  
active involvement  
in community

Don –  
dblack@gmail.com



# FEET

Member of the local  
Rotary Club

Don –  
dblack@gmail.com





## the **STORY** tree

growing and sharing the **love** for our City

### What to do;

- write your 'love note' and peg it to the tree
- you can write as many as you like
- it can be anonymous or you can put your name to your note
- encourage your family and friends to write their note(s)

### What will we do;

- share your notes on-line  
[www.livelovecoffs.com.au](http://www.livelovecoffs.com.au)  
[www.coffiscoastadvocate.com.au](http://www.coffiscoastadvocate.com.au)
- use them to tell our story to others

**live love**  
**COFFS**



# Coff's Harbour Live Love Coffs



# My BIG Idea

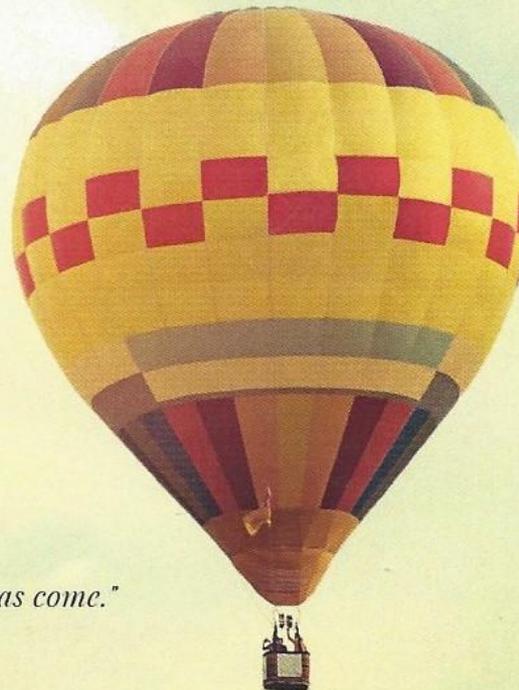
## for my community...

The "My Big Idea" Postcard is an opportunity to share your great ideas for your community (you know, the ones that come to you in the shower!).

Tell us your Big Ideas for what your community needs to look like, be like and feel like in the future ... and the best actions to make it a reality.

**Your Big Ideas are about creating an exciting vision of your community's future.**

*"Nothing else in the world is as powerful as an idea whose time has come."  
Victor Hugo*



My BIG idea for our community is ...

And I could contribute to making it happen by ...

Name :

Contact phone/email :

*"The best way to get great ideas is to have lots of them." (Thomas Edison)*

## 50 THINGS KIDS SHOULD DO IN THE SHIRE OF KALAMUNDA BEFORE THEY TURN 12

1. Visit Statham's Quarry with your family.
2. Feed the ducks at Ollie Worrell Reserve in High Wycombe.
3. Have an after school ice cream at Collodel's Ice Cream shop in Kalamunda.
4. Do an adventure walk to the top of Lesmurdie Falls.
5. Jump in the Jumpy Castle at the Kalamunda Village Markets on the weekend.
6. Star gaze and look for UFO's at the Perth Observatory in Bickley.
7. Find the following at Zanthorrea Nursery in Maida Vale — a Zandersaurus, a "Yorn", "Trifid", "Jarrajack", "Stargazer" and an "Armillary".
8. Feed the Koi in the Koi Pond at the Melville Nurseries and Rose Heritage Cafe in Carmel.
9. Participate in one of the holiday activities at one of the Shire of Kalamunda Libraries.
10. Explore or walk your dog at Jorgensen Park.
11. Be a pirate on the lookout at the top of the "birds nest" at Fleming Reserve.
12. Look for animals in the trees at Jacaranda Springs Park and find some frogspawn in the pond .
13. Visit Kanyana Wildlife Centre and enjoy one of their evening animal tours.
14. Visit the Bird, Fish and Reptile Place in Wattle Grove.
15. Slide down a water slide at Kalamunda Water Park.
16. Walk the Bibbulmun Track from Kalamunda to Mundaring Weir.
17. Camp out at one of the huts on the Bibbulmun Track.
18. Ride your BMX bike at the Hills BMX Club in Lesmurdie.
19. Attend 'Rhyme Time' at any of the Shire's Libraries.
20. Play a game of outdoor chess on the giant chess set outside the Kalamunda Library.
21. Sit at the top of the Zig Zag and count all the city landmarks you can see.
22. Visit the Zig Zag Cultural Centre - learn about how to be a tourist in your own Shire and see an exhibition displayed there. .
23. Find some treasures at the Cyril Road monthly markets.
24. Pick fruits at a local orchard.
25. Have a treasure hunt using chalk signs and clues throughout your neighbourhood.
26. Visit the Kalamunda Historical Village during term break and participate in some of their holiday activities.
27. See a show at the Kalamunda Performing Arts.
28. Cycle part of the Munda Biddi Trail.
29. Celebrate Australia Day with the family at the Shire of Kalamunda Australia Day Celebration in **January**.
30. Have a picnic at Stirk Park and watch Free Jazz Concerts at 'Jazz in the Park' during **February**.
31. Attend "Breakfast in the Park" with the family in **March**.
32. Watch a movie and some fireworks at the Corymbia Festival in **March** at Fleming Reserve in High Wycombe.
33. Wear Orange and try food from a different culture during Harmony Week in **March**.
34. Attend the Kalamunda Agricultural Show in **April**.
35. Plant a new plant or a seed for Earth Week in **April**.
36. Go to the Bickley Carmel Harvest Festival in **May**.
37. Go to the Pickering Brook Agricultural Show in **May** and watch the Fireworks.
38. Make Mum breakfast in Bed for Mother's Day in **May**.
39. Go to Fun Factory at the Maida Vale Baptist Church in **July**.
40. Rent a costume from Hocus Pocus for Book Week in **August**.
41. Have a look at all the great cars for the Kalamunda leg of 'Targa West' in **August**.
42. Hand-make something for your Dad or Grandfather for Father's Day in **September**.
43. Attend the Zig Zag Festival in **October**. Dress up in theme and watch the parade.
44. Catch a bus to the top of the Zig Zag and do the Zig Zag Walk with the family in **October**.
45. Visit the 'Romancing the Stone Garden' during their Open Day in **October**.
46. Go on a picnic with your Grandparents for Grandparents Day in **November**.
47. Attend a Family Fun Day in **November** at Lesmurdie Primary School.
48. Go to the St Barnabas Anglican Church Fete in **December**.
49. Participate in all the fun activities at 'Christmas at the Fair' in **December** at Range View Park in High Wycombe.
50. Go to Carols by Candlelight with your family at Stirk Park during **December**.



Sponsored by:



An Initiative of:

### ALL WE NEED IS RIGHT HERE

Within the communities of the Shire of Kalamunda

[www.allweneedisrighthere.org](http://www.allweneedisrighthere.org)



Denver D'Cruz  
Inclusion Solutions

## Three Club Questions-

- What is your job?
- What are your two main passions?
- What skill could you contribute to our Club?

“Asset mapping is not data collection. Words on a list have no power. Purpose of asset mapping is to create relationships that mobilises and connects a community's assets for productive action”

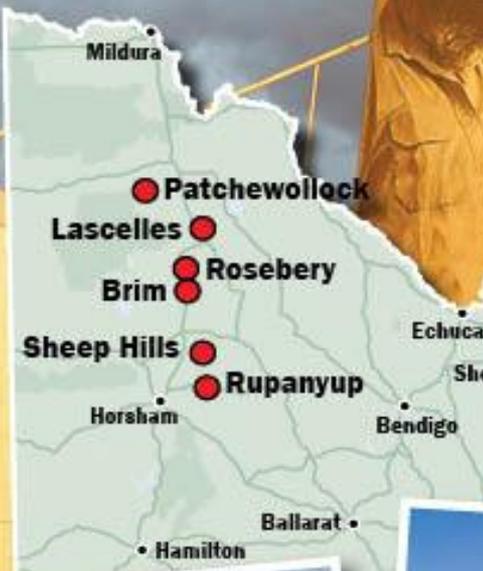
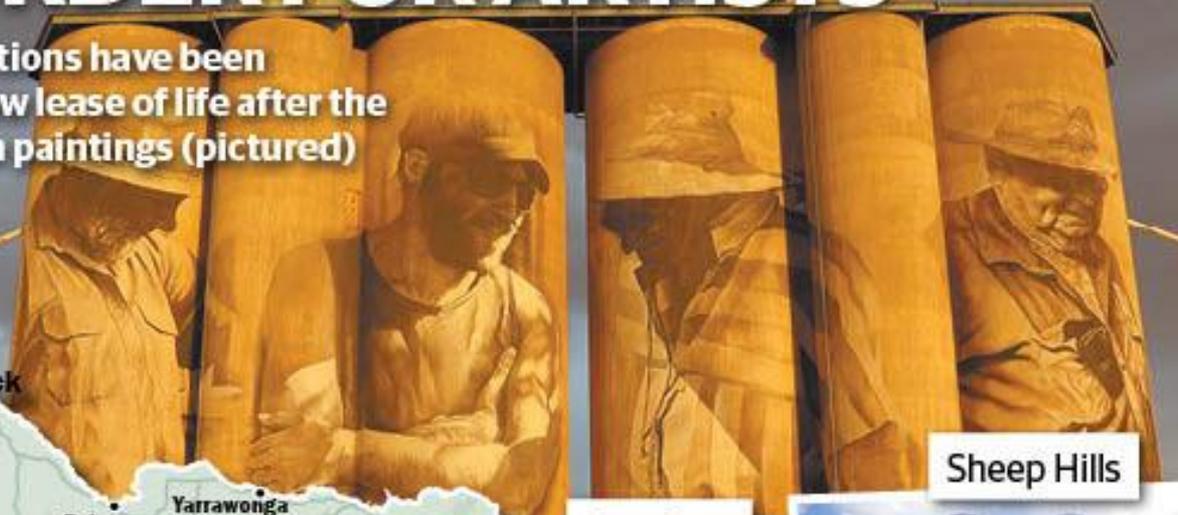
-Mike Green





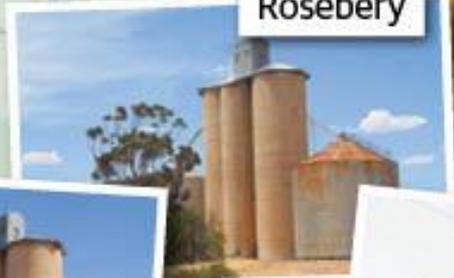
# TALL ORDER FOR ARTISTS

Five other silo locations have been earmarked for a new lease of life after the success of the Brim paintings (pictured)



Sheep Hills

Rosebery



Rupanyup

Lascelles



Patchewollock







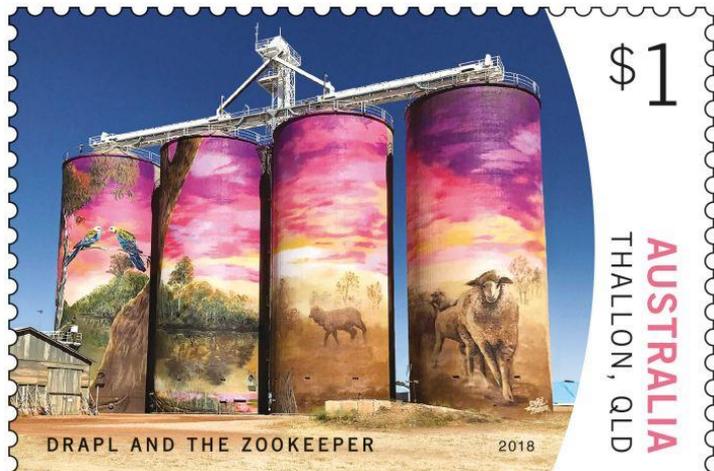
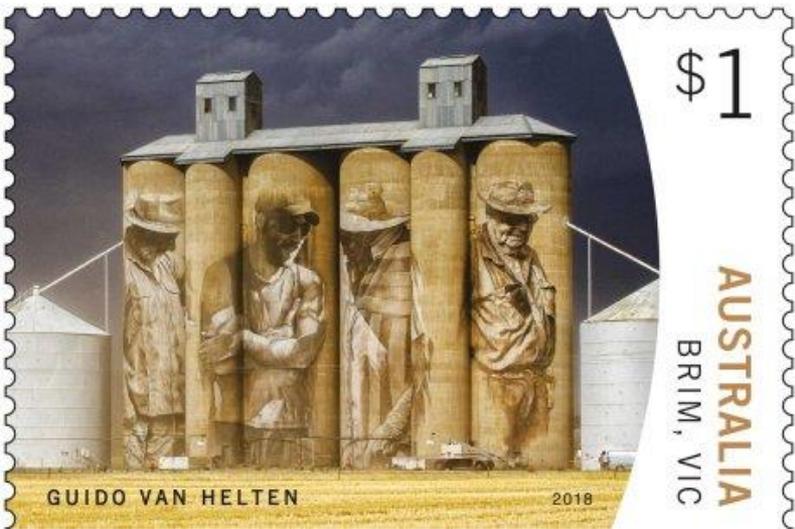
NAT TRAEGER











# Hosting of Learning Conversations

“One of the things we need to learn is that every great change starts from very small conversations held among people who care”

-Margaret Wheatley





# Learning Conversations

**“The most productive tool for generating good ideas remains a circle of humans sitting around a table, talking shop”**

**-Stephen Johnson**

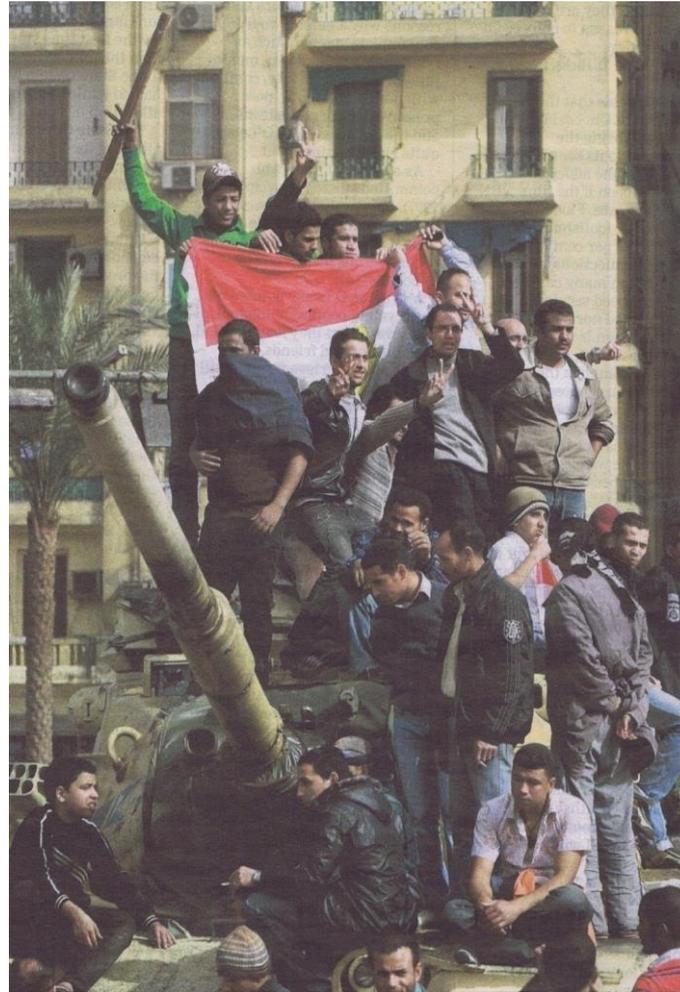


# THE FRENCH REVOLUTION

Thomas Carlyle



COLLINS' POCKET CLASSICS



# Creative tool...

## Café Conversations

*The World Café*



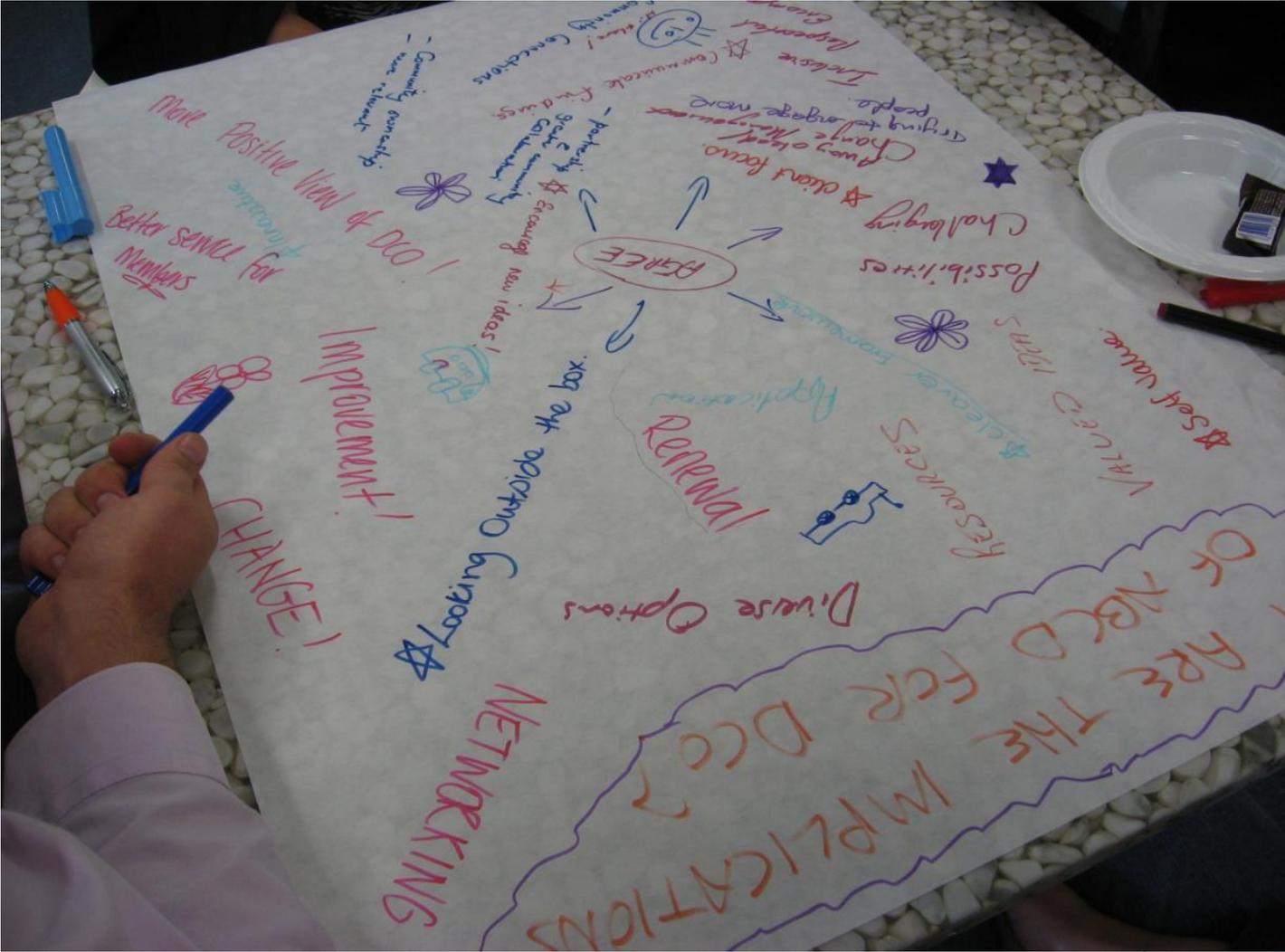
# HOSTING CAFÉ CONVERSATIONS











# Café Conversation Ground Rules

- Focus on what matters to you
- Contribute your thinking and those 'out of a box' ideas
- Speak your mind and heart
  - Link and connect ideas
  - Listen to understand
    - Play Doodle Draw
    - Have fun!

**YOU** are probably thinking of some neat things to do to make great things happen in Kaiapoi, Pines Beach and Kairaki

**ME** too. I've got some pretty creative ideas that I'd love to see put into practice

**WE** could get together with our passion and our enthusiasm and make our ideas work!

**US** That's who it's all about – us! Great things for us, created by us, generated by us – the people of Kaiapoi, Pines Beach and Kairaki. Join us!



## This is your ticket to You, Me, We, Us!

It all starts with a not to be missed, all inclusive, Community Conversation Cafe where world renowned community builder Peter Kenyon will inspire and motivate you to think about how you can help build the best possible future for our wonderful little towns.

There will be spot prizes on the night.

If you need child care in order to attend, booking is essential as we can arrange creche facilities if there is sufficient demand.

The meeting will be held at the Kaiapoi Rugby Club on **Tuesday 22 October** starting at **6pm** with a light dinner consisting of finger food, RSVP for catering purposes.

**WE want YOU to join US – Contact ME now and find out more!**

Linda Dunbar  
Community Development Advisor  
Waimakariri District Council  
03 311 8900 or 021 246 1757

Karen Lindsay-Lees  
Community Development Advisor  
Waimakariri District Council  
03 311 8900 or 021 480 634

*How do we get  
Kaiapoi buzzing?*



# RETAIN

*How do we get  
Kaiapoi buzzing?*

# REGAIN

*How do we get  
Kaiapoi buzzing?*

# CHANGE

*How do we get  
Kaiapoi buzzing?*

# CREATE

*How do we get  
Kaiapoi buzzing?*

# Dot Democracy... a great group prioritising tool





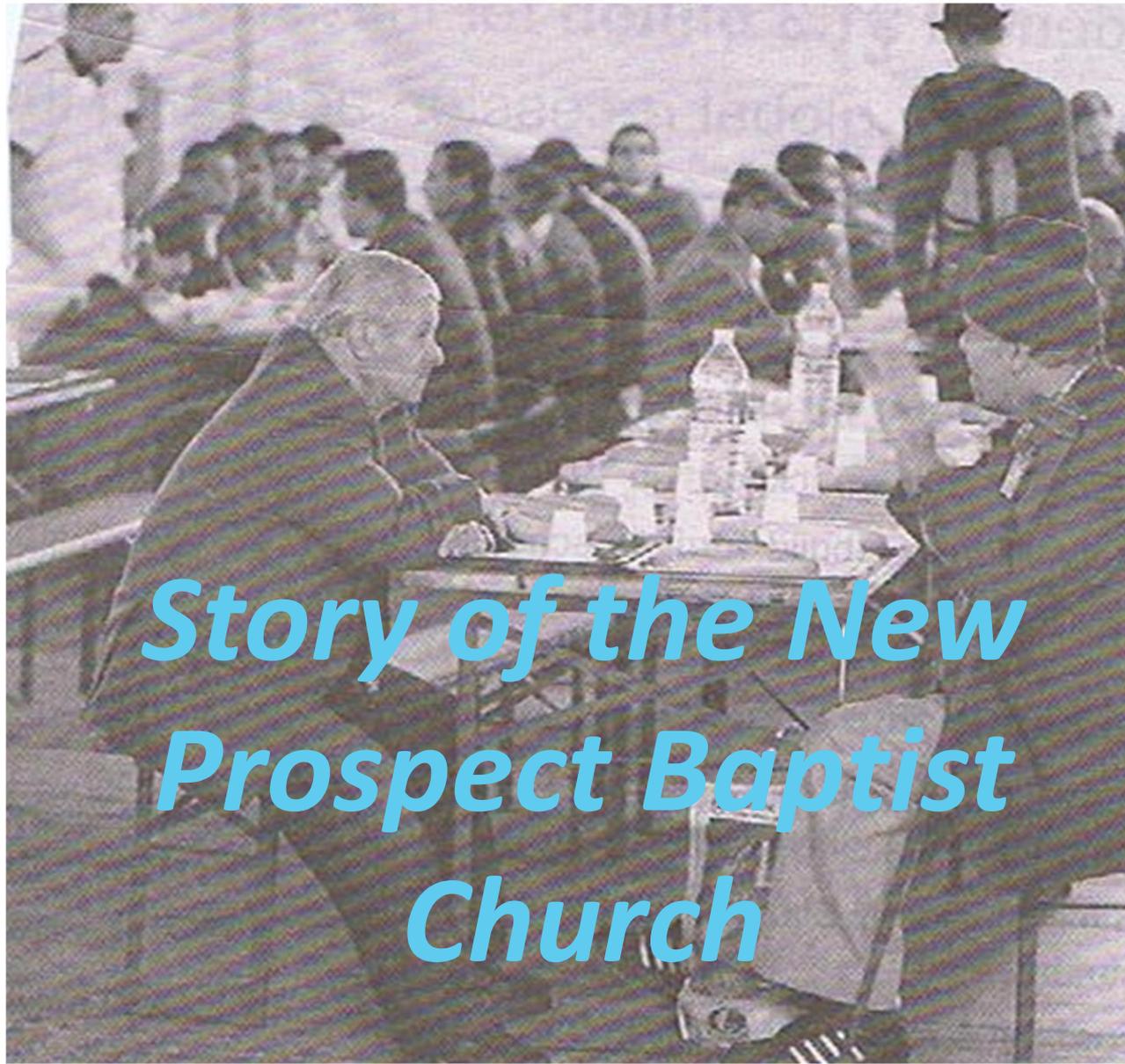
# Appreciative Inquiry





**DAVID  
COOPERRIDER**  
Weatherhead School  
of Management,  
Case Western  
Reserve University'  
USA

“Appreciative Inquiry (AI) is a particular way of asking questions and envisioning the future that fosters positive relations and builds on the basic goodness in a person, a situation, a community or an organisation. AI asks people to tell their stories about their connections with others when they have been at their best ”



***Story of the New  
Prospect Baptist  
Church***

# New Prospect Baptist Church Cincinnati, OH Conversation Questions

## Introduction

My name is \_\_\_\_\_.

1. What is your name?
2. Did someone talk to you about what the 'Gift Exchange' is all about?
3. What do you understand it to be?

Basically, we believe that everyone has God-given talents and gifts that can be used to benefit the community. I'd like to spend a few minutes talking to you about your gifts and skills.

## Gifts

Gifts are abilities that we are born with. We may develop them, but no one has to teach them

to us.

1. What positive qualities do people say you have?
2. Who are the people in your life that you give to? How do you give to them?
3. When was the last time you shared with someone else? What was it?
4. What do you give that makes you feel good?

## Skills

Sometimes we have talents that we've acquired in everyday life such as cooking and fixing things.

1. What do you enjoy doing?
2. If you could start a business what would it be?
3. What do you like to do that people would pay you to do?
4. Have you ever made anything? Have you ever fixed anything?

## Dreams

Before you go, I want to take a minute and hear about your dreams - those goals you hope to accomplish.

1. What are your dreams?
2. If you could snap your fingers and be doing anything, what would it be?

Community and Economic Plan -  
"BUILDING A STRONG AND  
HEALTHY LORD HOWE ISLAND  
COMMUNITY"



# Lord Howe Island Central School Project

1. Mum and Dad tell me why you love being a Lord Howe Islander.
2. Mum and Dad, what are the 3 best things about living on Lord Howe Island.
3. Mum and Dad, tell me about an experience in the last 12 months when you felt really proud about the way our community operated.
4. Mum and Dad, what are two things you want to make sure we retain on Lord Howe Island.
5. Mum and Dad, what are your three wishes for the future of Lord Howe Island.

# *Key AI Questions*

- What experiences do you value most?
  - What made these experiences possible?
- How do we get more of it?



Celeste Headlee:

# 10 ways to have a better conversation

TEDxCreativeCoast · 11:44 · Filmed May 2015

35 subtitle languages

View interactive transcript

Celeste Headlee discussing  
"conversation competency"

# 10 Ways to have Better Conversation

1. *Don't multi-task - be in the conversation*
2. *Don't pontificate - assume you have something to learn*
3. *Use open ended questions*
4. *Go with flow*
5. *If you don't know, say you don't know*

6. Don't equate your experience with theirs- all experiences are individual
7. Try not to repeat yourself
8. Forget the details
9. LISTEN
10. Be brief

**"ALWAYS BE PREPARED TO  
BE  
AMAZED"**

# 10 Tips to Better Conversation

- 1. Don't multi-task- be present
- 2. Don't pontificate
- 3. Use open-ended questions
- 4. Go with the flow
- 5. If you don't know, say you don't know.
- 6. Don't equate your experiences with their experiences
- 7. Don't repeat yourself
- 8. Get out of the weeds- forget the details
- 9. LISTEN!
- 10. Be brief

# Storytelling

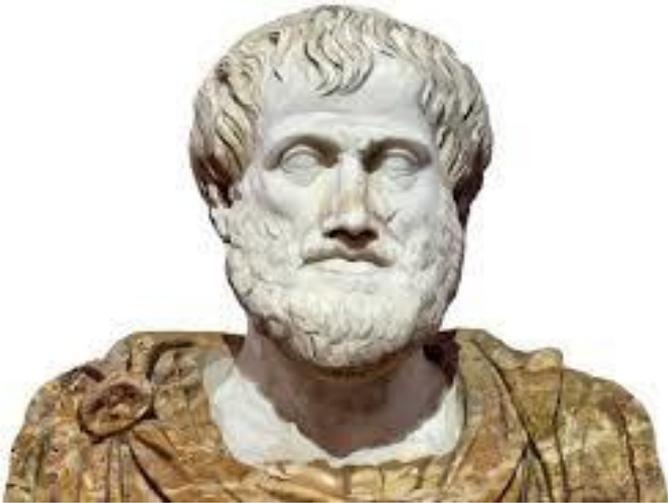
**"Story telling is the most powerful way to put ideas into the world today"**

**-Robert Mckee**



**"Stories are just data with a soul"**

**-Brene Brown**



# Aristotle on Persuasion

**ETHOS-**  
credibility,  
respect

**LOGOS-**  
logic, data,  
statistics

**PATHOS-**  
appealing to  
the emotions

**What is in  
your story  
collection?**

# The Story of Emma Sherie, Granity and CommuniTea





Welcome to  
CommuniTea

→ Come around the back to  
the conservatory



*How to make the perfect cup of...*

# CommuniTea

- Discard old disputes, feuds & ideologies at the door
- Be mindful of what really matters
- Share your passions & what you care about
- Listen with respect and curiosity
- Share the airtime - give everyone a chance to speak
- Focus on the positive futures rather than debate the past.

**EAT CAKE AND ENJOY!**



# What passions or skills do you have that you'd like to contribute towards a community cafe?

## Head

- I have some skills in accounting, writing copy & fundraising. Emma
- I have web skills, soft & marketing. Web develop. Cole
- Event Organiser. Am. Males & women. Emma
- Graphic design. Keith's Leahy
- Promotional Ideas. T. Rose
- Funding Planning for sustainability towards social Enterprise. T. Rose
- Baking cafe. creating people. take photos. 2022/2023. Leahy
- Business Background. Good with RFPs. Belinda.
- Can run workshops in teaching/learning. (any) (any) Helen. 2022/2023.

## Heart

- Passionate about people & their wellness. (Emma)
- Would like to see the community work together and to be a part of it. Cole
- Passionate about creating a young people. Emma
- Community. Passionate about community. Leahy
- Passion for performing arts - unique ideas. T. Rose
- more interested in the activities side of things. Christine S.
- Passionate about feed & community. Belinda.
- cherry. Build community in. Equality. increase the sense of community in my part of a small Belongings.
- passionate about getting people together. Leahy

## Hand

- I can bake. Emma
- Build. Pa. I. etc. Cook - serve. Cole
- Can do more things. Leahy
- Can cook. passionate about food. Leahy
- Can supply catering equip. & hands on. people person. Belinda.
- Can bake my own bread. my own bread. Leahy
- Can cook. passionate about food. Leahy
- Can supply catering equip. & hands on. people person. Belinda.









# MENU



## BAKING

Brenda's Banana Cake  
Sandra's Ginger Crunch  
Savouries  
Eliza's Savoury Quiche  
Tania's Carrot Cake  
Barbara's Fruit & Nut Loaf  
Barbara's Shortbread



PLEASE ASK  
ABOUT OUR  
GLUTEN-FREE  
OPTIONS



## KAWATIRI COFFEE

Kahurangi Sunrise  
Paparoa Thunder  
Mad Harry's Gold  
Burning Mine  
Espresso



## KOHA WELCOME

10am - 12.30pm  
FRIDAYS at  
GRANITY FIRE  
STATION LOUNGE



## TEA

English Breakfast  
Bell Original  
Peppermint with Cinnamon  
Green Tea with Lemongrass  
Strawberry & Rhubarb  
Lemon & Ginger  
Green Tea & Peach  
Peach & Pineapple



## OTHER DRINKS

Nescafe Instant Coffee  
Hot Chocolate



A big thank you  
to this weeks  
baking  
volunteers.  
CommuniTea could not  
happen without you.











Wearable Art  
Secondary School  
Exhibition - 1st  
Made by Lily Ryan  
Year 10 Art





“We now give back \$100 a month to community causes. So far we have donated to the local youth group, the local youth performing arts group, the fire station, our community yoga group, and we have paid for the replacement of our community's defibrillator pads. We have also repaid the seeding grant that was given to us by the local Christian community”

-Emma Sherie





**Celebrating in style: from left, Rex Wishnowsky, Emma Sherie, Pic Neilson, Lesley Towart, Eliza Allington, Tania Craig, Gill Ebborn, Chrissy Spillett, Ariel Linklater, Brent Dyhrberg, and Lynn Stoddart. Absent: Tracey Bovey. Photo: supplied**

## CommuniTea celebrate in style

**Becky Manawatu**

It was a 1950s themed get-together as Communi-Tea celebrated its one-year anniversary on Friday.

Initiative co-founder Emma Sherie said over 60 people turned up for the celebration.

Bradley's Coachlines put on a free bus for members of Buller Reap's Older and Bolder.

Ms Sherie said that for a lot of the Older and Bolder members it was their first time at the weekly event, held each Friday.

She'd been prompted to help start CommuniTea when she was suffering from severe depression and felt disconnected from her community.

A workshop with community development advisor Peter Kenyon had given her the courage to

launch CommuniTea.

She said that a year on, "CommuniTea healed my heart".

She encouraged anyone thinking of starting something within a community to "give it a go. You have nothing to lose".

Mr Kenyon has invited Ms Sherie to present the story of CommuniTea at the National Community Engagement Conference in Canberra in August.

CommuniTea provides fresh baking, tea and coffee and caters to about 30 to 60 people each week.

When it began, organisers aimed to give people a place to share skills, Ms Sherie said. They'd had local artists perform, artwork displayed, and educational talks from the Fire Service and other non-government organisations.

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“Colin has been coming every week since we first began CommuniTea. His wife died a few years ago and he lives alone now. He is the first one in the door every week and one of the last to go. He table hops around the room and chats to everyone. Colin is exactly why I wanted to create a space like CommuniTea”

-Emma Sherie



“CommuniTea  
has healed  
my heart!”

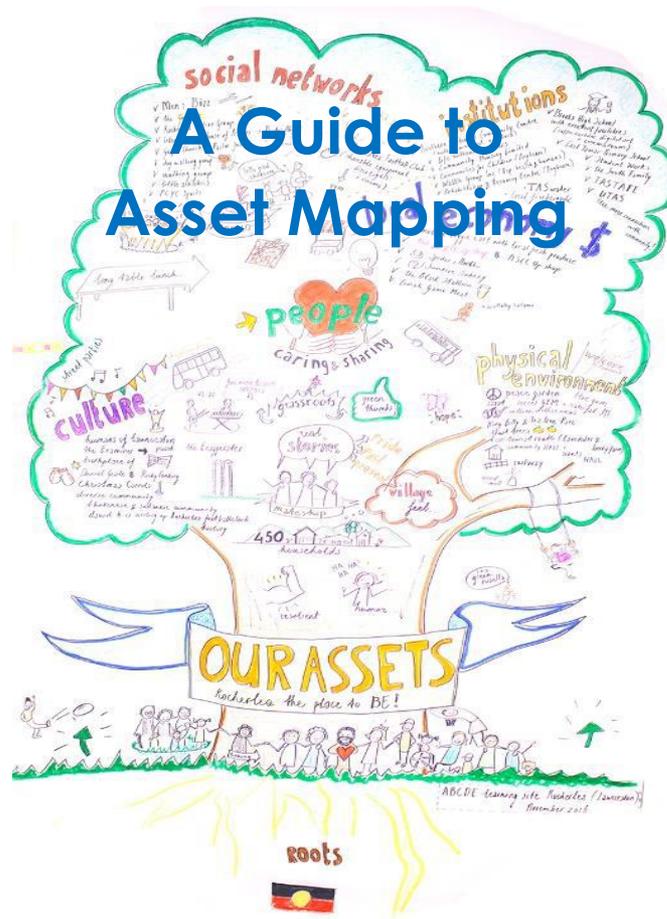
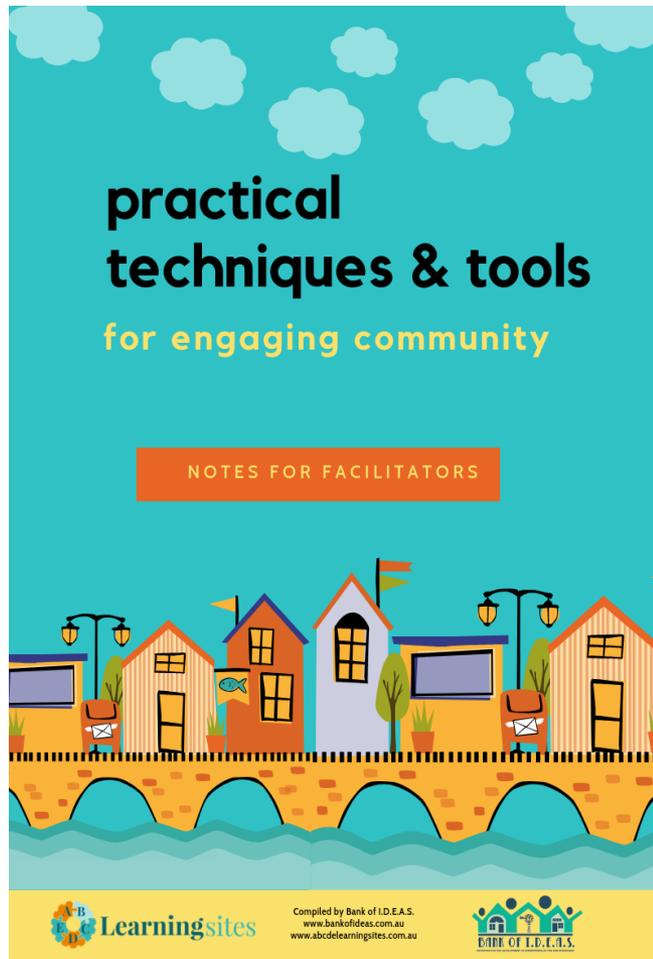
-Emma Sherie

# Key ABCD Resources

[www.abcdelarningsites.  
com.au](http://www.abcdelarningsites.com.au)

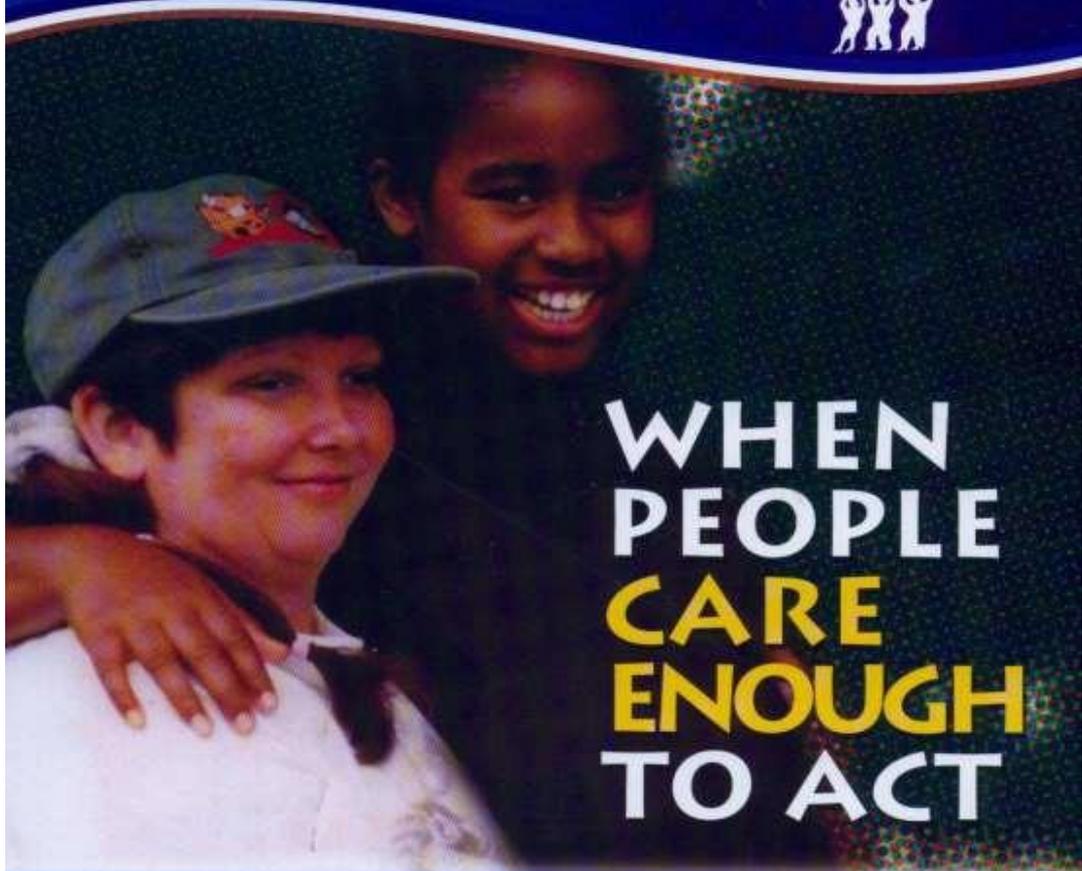
[www.bankofideas.com.au](http://www.bankofideas.com.au)

# Two Useful B.O.I. Resources



[www.bankofideas.com.au](http://www.bankofideas.com.au)

ASSET BASED COMMUNITY DEVELOPMENT



WHEN  
PEOPLE  
CARE  
ENOUGH  
TO ACT

MIKE GREEN with HENRY MOORE & JOHN O'BRIEN

FOREWORD BY JOHN MCKNIGHT

*"We want so much that our daughters know a community life that is truly good....my dream has always been that Anne will get the chance to live a life where she is needed for her gifts"*

Mike Green



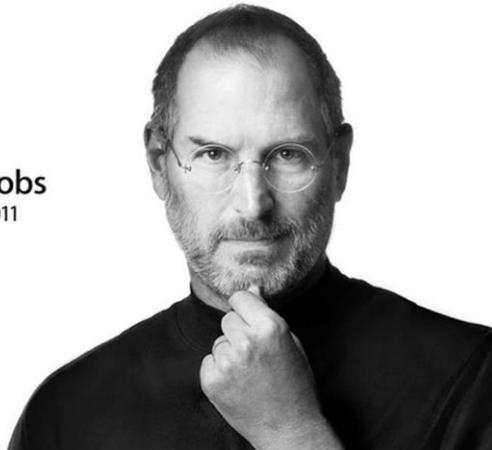


**Questions?**

**Comments?**

*"The people who are crazy enough to think they can change the world are the ones that do it"*

Steve Jobs  
1955-2011





Na to rourou  
Na taku rourou  
Ka ora ai te iwi

With your food basket  
And my food basket  
The people will thrive